CenteringPregnancy®

Caption

Prenatal Care That Improves Access and Outcomes

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Goals & Objectives

- Introduce the group prenatal care CenteringPregnancy model
- Review benefits of this model of prenatal care
- Review improved outcomes evidence

Mhat is Centering?

- Group Prenatal Care
- 8-10 patient's with similar due dates that meet for 10 sessions
- Learning objectives for each session
- Encourages active participation in care

Mhat is Centering?

- Sessions last 1.5 to 2 hours
- Monthly session for first 4 meetings
- Sessions every 2 weeks for the remaining 6 meetings
- Postpartum Reunion
- Early routine visits, weekly visits, and any additional visits needed are scheduled as usual

Mhat is Centering?

- Groups are intended to have fluid discussions loosely based on goals for each session
- Facilitated by the same medical team each session for continuity

Team Based Approach

- In our office groups will be facilitated by an NP and MA
- Team approach creates a safe and trusting environment with new and experienced moms supporting each other

Benefits of Centering

- Improves outcomes
- Empowers patients
- Creates bonds between patients
- Allows for strong patient-provider bond

Benefits of Centering

- No wait time for patients
- More face to face time with team
- Patients are taught how to take their vitals
- Appts scheduled out for all sessions at start of group

Benefits of Centering

- * EMR charting is templated and saves time
- Improved experience for provider which decreases burnout
- Improves clinical outcomes while improving patient satisfaction

RESULIS

- Decrease low birth weight
- Decrease Preterm Birth
- Increase Breastfeeding
- Reduce Healthcare Disparities/Access
- Decreased Healthcare Costs
- Improved Patient Experience
- Improved Provider Satisfaction

CenteringPregnancy Outcomes



NC RATE 10.1% CHI NC 6.8% MOD GOAL 9.6%

SRATE

Low Birth Weight

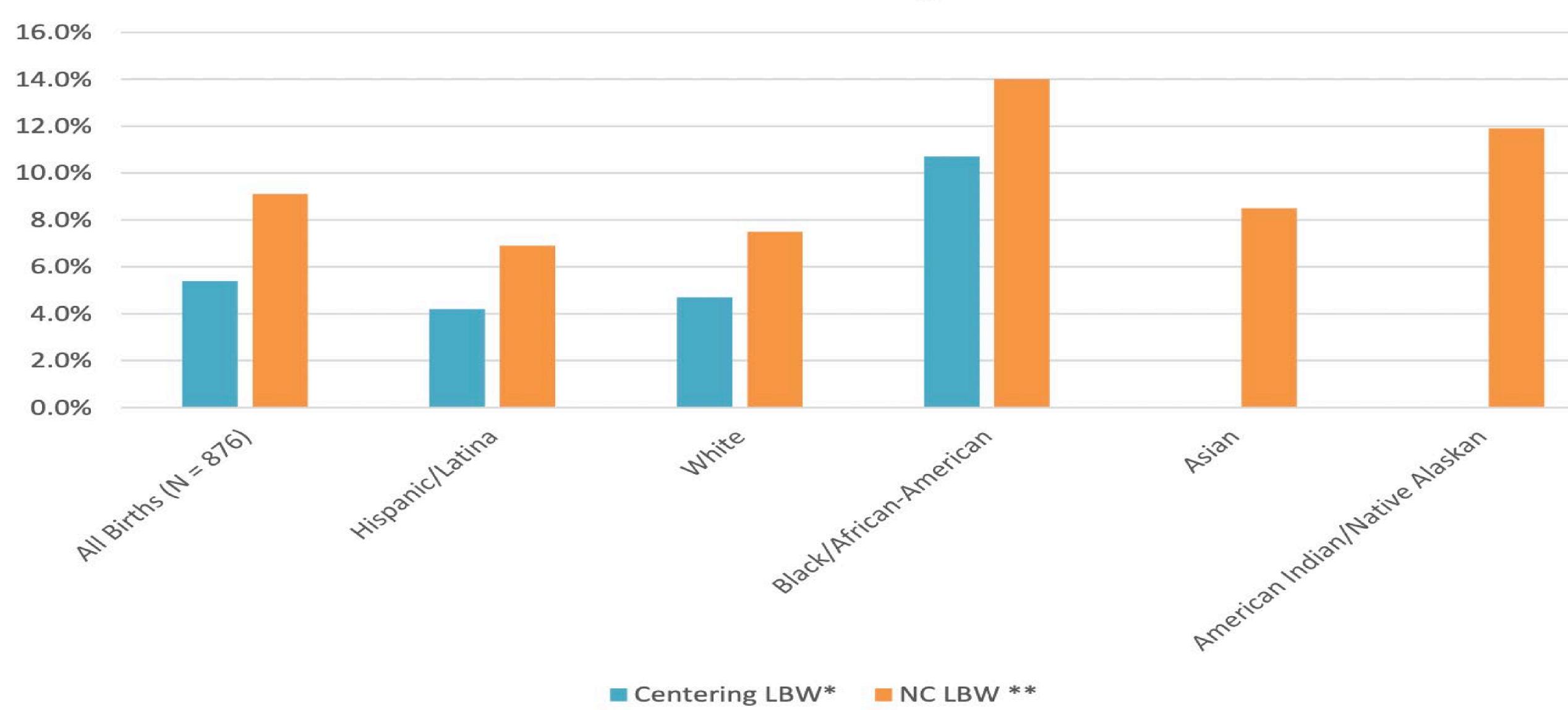
NC 9.1%
CHI 5.4%
HP2020 7.8%
US 8.0%

Breastfeeding

CDC GOAL 82% CHI 86% US 77%

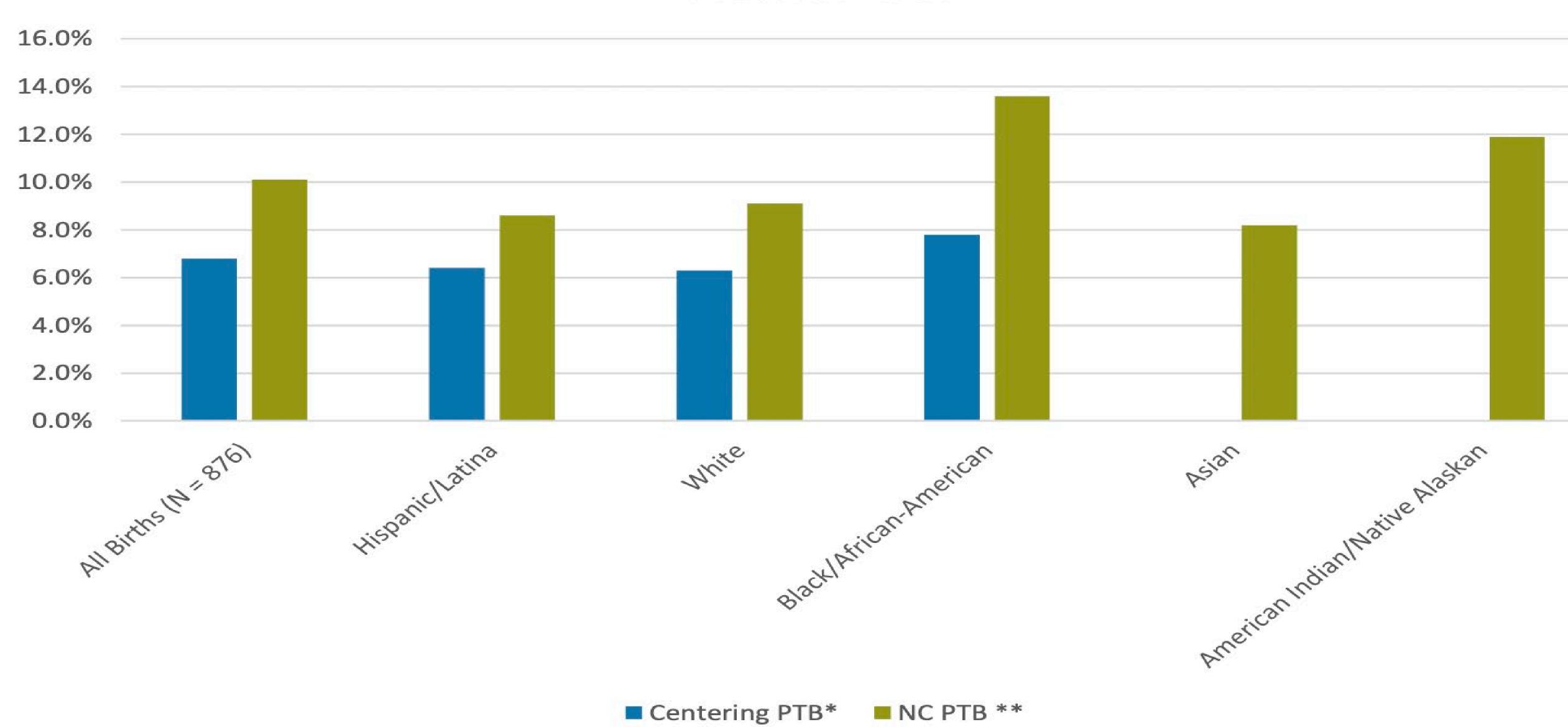
NC OUTCOMES DATA - LOW BIRTHWEIGHT





NC OUTCOMES DATA - PRETERM BIRTH





Data Supposting Cost Savings

- South Carolina Retrospective 5 year cohort
- 6,328 Medicaid patients enrolled:
 - 1262 patients in Centering & 5066 patients in conventional care
- 36% risk reduction in PTB \$22,667 savings per event
- 44% risk reduction in LBW \$29,627 savings per event
- 27% risk reduction in NICU stay \$27,249 savings per event

Conclusion

* TRIPLE AIM OF CENTERING

- Better Care
- Better Health
- Lower Cost

* Questions?