

Stop Unhealthy Alcohol Use Now (STUN)

Excessive alcohol use, which affects almost a third of adults, is the nation's 3rd leading cause of preventable death. It is a major risk factor for many health, social, and economic problems in North Carolina. In addition, the problem has worsened and contributed to the extended COVID-19 pandemic.

NC AHEC will help primary care practices with 1:1 practice support coaching to address this issue. This initiative is funded by the U.S. Department of Health & Human Services' Agency for Health Quality & Research and in partnership with the UNC Sheps Center. This activity is recognized as an important health metric of success for the Healthy North Carolina 2030 initiative. Primary care practices across North Carolina have signed onto this initiative but recruitment is open until early Fall 2020.

What will NC AHEC Practice Support provide and how will this help your practice?

- ✓ Implement evidence-based interventions such as screening for unhealthy alcohol use; brief interventions for adult patients who drink too much; and medication assistance therapy for patients with an alcohol use disorder (AUD).
- ✓ Optimize the use of the practice's electronic health record (EHR) and telehealth platform to improve care delivery.
- ✓ Train staff on the skills and principles of how to create positive change.
- ✓ Improve billing/coding and reimbursement for the screening and counseling of patients with unhealthy alcohol use.
- ✓ Provide access and technical assistance to patient registries, dashboards and other analytics tools to effectively manage patient populations and offer value-based care.
- ✓ Query and measure performance data and patient outcomes related to quality improvement using a designed change package.
- ✓ Provide the opportunity for eligible providers to meet quality measures established by payors, accountable care organizations and the MIPS program.

How to contact NC AHEC Practice Support?

For more information or to enroll in this program, please contact NC AHEC Practice Support at practice support@ncahec.net.

Recruit, Train, and Retain: Developing the workforce for a healthy North Carolina