



APPROACH

Multi-disciplinary "Virtual" care team consisting of the PCP, MAT provider, Counselor, Recovery Coach, and Psychiatrist

Provided treatment, medications and toxicology at no charge to patients during the pilot period to eliminate financial constraints from affecting outcomes

Leveraged a software platform (The Recovery Platform) to manage the treatment & data:

- Telemedicine by clinicians and participants to eliminate issues surrounding patient access
- Automated PDMP & Random Lab Analysis - monitored compliance and drug seeking behaviors
- Delivered a Collaborative Care Model allowing for appropriate use of specialty expertise across disciplines

ENROLLMENT

Nearly **25%** of program participants have overdosed at least once.

More than **75%** of patients began drug use before the age of 25 while 26.7% use IV needles for their drugs and 62.2% take drugs orally

56.5% of participants either have a criminal record or are currently justice involved.

64.3% were concerned about their health and 37.8% indicated they have had medical issues related to their OUD

Roughly **90%** indicated they had a smartphone and reliable access to Internet for the use of telemedicine

OUTCOMES

Patient engagement was **100%** for counseling and 92.1% for coaching, indicating the approaches and methodologies utilized were much more effective than traditional approaches.

40% of enrollees in the project had been in active recovery for less than one month, yet we had a 100% retention rate for participants (with the exception of an individual who became incarcerated). Furthermore, over 70% had previously tried another program that did not work for them.

Automated PDMP searches performed before every MAT visit indicated no seeking behavior by patients during their treatment period

78% of patients were found to have completely discontinued use of opiates or illicit drugs as a result of randomized toxicology screens.

Utilizing evidence based assessment tools, we found that **84%** of patients showed improvement based on COWS and 71% showed improvement in multiple areas of the Brief Addiction Monitor.

Only 1 patient continued to show moderate issues related to withdrawal and it was found that their participating in coaching sessions was 5 times less than that of the average patient.

PATIENT RESPONSES

An average score of 9.5 was received for "How likely would you be to recommend this type of treatment program to another person (with 10 being very likely)?"

An average score of 8.6 was received for "How easy was it for you to complete all of your sessions for this program? You can compare to other treatment programs you have been in the past (with 10 being very easy)?"

"Easy on my schedule, no social anxiety involved, have me time to reflect on each topic."

"It is has been nice to talk with someone one on one and discuss the issues I have. He has made plans and given specific assignments to help me in my recovery journey."

"I enjoyed having personalized sessions on topics related to my life and the flexibility."

How much better are you in taking care of personal responsibilities?

"I probably wouldn't still have my job if I hadn't gotten into recovery. I have been at my job for a little over a year and a half and take on a lot of responsibility there. I am helping pay bills at home now and have even managed to buy a car. I have plans for my living room. I need to work on following through with something."

"I'm definitely taking care of things that I should be I still need to work on getting my license."

Are you a better member of the community?

"I stay out of trouble now. I don't carry things on me that are illegal, I always had to worry about seeing or talking to a cop. I am going to register to vote soon. People around me don't think I am high all the time."

"I'm sure I broke laws on a daily basis back then, now I have no fear of law enforcement."

How much better are you with drug and alcohol use?

-"I'm living an entirely different life than I used to." | -"I'm very strong minded and have a lot of willpower" | -"feel like the old me"

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