



North Carolina Obstetrical and Gynecological Society
and NC Section of ACOG

2018 ANNUAL MEETING PROGRAM MATERIALS

April 20-22, 2018 | Omni Grove Park Inn Resort | Asheville, NC

This continuing medical education activity is jointly provided by the
American College of Obstetricians and Gynecologists.

OVERVIEW

Objectives

At the conclusion of this educational activity participants should be able to:

- Describe standard safety guidelines and appropriate imaging application in obstetric and gynecologic ultrasound.
- Assess state funded programs for pregnancy and cancer care.
- Discuss techniques for insertion of LARC methods in the immediate postpartum period.
- Review methods of morcellation and identification of appropriate patients for the procedure.
- Describe minimally invasive techniques to improve surgical skills and options.
- Review options of buprenorphine and methadone replacement in pregnancy, assessing both safety and complications.

ACCME Accreditation

The American College of Obstetricians and Gynecologists (ACOG) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA PRA Category 1 Credit(s)TM

The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 16 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

College Cognate Credit(s)

The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 16 Category 1 College Cognate Credits. The College has a reciprocity agreement with the AMA that allows AMA PRA Category 1 CreditsTM to be equivalent to College Cognate Credits.

Disclosure of Faculty and Industry Relationships

In accordance with College policy, all faculty and planning committee members have signed a conflict of interest statement in which they have disclosed any significant financial interests or other relationships with industry relative to topics they will discuss at this program. At the beginning of the program, faculty members are required to disclose any such information to participants. Such disclosure allows you to evaluate better the objectivity of the information presented in lectures. Please report on your evaluation form any undisclosed conflict of interest you perceive.

To Complete Course Evaluation and Claim CME Credit

To access the conference evaluation please use the following link: <https://www.surveymonkey.com/r/NCSECT2018>. After completing the evaluation, follow the instructions to claim, print, and/or save your CME certificate of attendance. All physician attendees should print the certificate of attendance and all non-physician attendees should print the certificate of participation. You may only claim credit for the hours in which you participated in the activity. If you did not participate in the entire activity, please adjust your credit accordingly. Please complete your evaluation even if you do not need a CME certificate of attendance.

For questions on the evaluation or certificates, please contact Christina Brooks, ACOG's Cognate Administrator at 202-863-2555 or cbrooks@acog.org.

Special Recognition



On Saturday morning, the North Carolina Obstetrical and Gynecological Society is pleased to recognize **Nancy Henley, MPH, MD, FACP**, Chief Medical Officer, Division of Medical Assistance, North Carolina Department of Health and Human Services, for her exemplary career devoted to patient care and public health advocacy. Throughout her career, Dr. Henley has been a champion for the health of women and babies and a friend to the Ob Gyn provider community. Dr. Henley grew up in Alabama and came to North Carolina in 1972 to study Health Administration at UNC's School of Public Health. Following several years of rural health service, she returned to UNC for medical school and residency in internal medicine. She has served in numerous leadership and strategic roles, including Medical Director for the North Carolina State Health Plan, Deputy Director for Clinical Affairs with the North Carolina Medicaid Program and policy innovations consultant for NC Community Care Networks. She currently serves as the Chief Medical Officer for North Carolina Medicaid programs. In this role, she interacts regularly with the Pregnancy Medical Home local leadership and is the model of effective professional collaboration. For all the support she has given, our Society is eternally grateful.

Please Note

Attendees may not record, photograph or transmit presentations without explicit approval. Thank you for your cooperation.

Resort Checkout Time

Checkout time at the Omni Grove Park Inn is 12:00 noon.

SCHEDULE

FRIDAY, April 20

8:00am-6:00pm Registration (Heritage Prefunction)

8:30am-11:45am **ULTRASOUND 101: OB** (Skyline Room)
 8:30am-8:35am Welcome and Introductions (Kate Menard, MD, MPH, FACOG, President, and Elizabeth Livingston, MD, FACOG, Program Chair)
 8:35am-8:55am Basics of Obstetrics Imaging (Sarah Ellestad, MD)
 8:55am-9:15am First Trimester Ultrasound in the Day of Cell Free Fetal DNA (Sarah Ellestad, MD)
 9:15am-9:35am Antenatal Testing Using Ultrasound (Sarah Ellestad, MD)
 9:35am-10:05am Chorionicity Matters: Twin Pregnancy Specific Imaging (William Goodnight, MD, MSCR)
 10:05am-10:20am Break / Networking (Heritage BC)
 10:20am-10:50am Abnormalities of the Placenta and Cord (David Stamilio, MD, MSCE)
 10:50am-11:45am Hands-on Workshop
11:45am-12:45pm Lunch (included in Ultrasound 101 registration) (Mountainview Terrace)
 1:00pm-4:30pm **ULTRASOUND 101: GYN** (Skyline Room)
 1:00pm-1:30pm GYN Ultrasound: Back to Basics (Alice Chuang, MD, MEd, FACOG)
 1:30pm-2:00pm GYN Ultrasound: The Elusive Adnexal Mass (Alice Chuang, MD, MEd, FACOG)
 2:00pm-2:35pm GYN Ultrasound: 50 Shades of Grey (Alice Chuang, MD, MEd, FACOG)
 2:35pm-3:05pm Break / Networking (Heritage BC)
 3:05pm-3:35pm GYN Ultrasound: The Power of Salt and Water (Alice Chuang, MD, MEd, FACOG)
 3:35pm-4:30pm Hands-on Workshop

3:00pm-5:15pm NC OB GYN SOCIETY AND NC SECTION OF ACOG SCIENTIFIC SESSION (Heritage A)
 3:00pm-3:10pm Welcome and Introductions (Kate Menard, MD, MPH, FACOG, President, and Elizabeth Livingston, MD, FACOG, Program Chair)
 3:10pm-3:40pm Collaborative Innovations to Improve Birth Outcomes in NC (Kate Menard, MD, MPH, FACOG)
 3:40pm-4:00pm Carolinas Cord Blood Bank Update (JoAnne Kurtzberg, MD)
 4:00pm-5:15pm Presidential Address: Emotional Intelligence: The Key to Leadership and Resilience (Patrice M. Weiss, MD, FACOG)
 5:15pm Adjourn
5:15pm-6:45pm Welcome Reception (Heritage BC)
 Dinner on your own.

SATURDAY, April 21

7:00am-12:00pm Registration (Heritage Prefunction)
 7:00am-8:00am Continental Breakfast / Networking (Heritage BC)
7:55am-12:30pm Scientific Session (Heritage A)
 7:55am-8:00am Welcome and Introductions (Kate Menard, MD, MPH, FACOG, and Elizabeth Livingston, MD, FACOG)
8:00am-9:10am Resident Presentations:
 8:00am-8:10am Identifying Characteristics of Incomplete Antenatal Gestational Diabetes Mellitus Screening as Markers for Abnormal Postpartum Glucose Tolerance (Myah Griffin, MD – Carolinas Medical Center)
 8:10am-8:20am Missed Opportunities: Quantifying Significant Family Histories in Breast and Ovarian Cancer Patients with BRCA1/2 (Charlotte Gamble, MD, MPH – Duke)
 8:20am-8:30am The Effect of Intrapartum Oxytocin Duration and Dose on Postpartum Hemorrhage Risk (Lindsay Robbins, MD, MPH – UNC)
 8:30am-8:40am Deviation from Gestational Weight Gain Guidelines in the Obese Gravida: An Adverse Impact on Maternal and Fetal Health (Olivia Hostetter, MD – Wake Forest)
 8:40am-8:50am Comparison of Post Operative Complications, Emergency Room Visits and Hospital Readmissions following Hysterectomy Performed via the Abdominal, Vaginal, Laparoscopic Vaginally Assisted and Laparoscopic Approaches for Benign Indications at Vidant Medical Center (Harris Wexler, DO – ECU)
 8:50am-9:00am Subutex versus Suboxone in Pregnancy (Brent Sager, MD – MAHEC)
 9:00am-9:10am Discussion
 9:10am-9:30am ACOG Update (Haywood Brown, MD, FACOG)
 9:30am-10:00am NC Medicaid Transformation: The Vision for Ob Gyn Providers and Patients (Betsey Tilson, MD, MPH)
 10:00am-10:05am Recognition of Nancy Henley, MPH, MD, FACP (Kate Menard, MD, MPH, FACOG)
 10:05am-10:25am Break / Networking (Heritage BC)
 10:25am-10:55am NC Obstetrical and Gynecological Society and NC Section of ACOG Annual Business Meeting (Kate Menard, MD, MPH, FACOG)
 10:55am-11:20am The Importance of Advocacy, from Your Physician in the General Assembly (Rep. Greg Murphy, MD, FACS)
 11:20am-11:40am Legislative Update (Rob Lamme)
 11:40am-12:30pm The Second Victim: Helping Providers Recover from Medical Errors (Patrice M. Weiss, MD, FACOG)
 12:30pm Adjourn

2018 ANNUAL MEETING

SATURDAY, cont.

- 12:30pm-2:30pm** **Optional Resident/Student Lunch:** Identifying Mentors for Your Career in Obstetrics and Gynecology (Nancy Chescheir, MD, FACOG, Patrice M. Weiss, MD, FACOG, and Matthew Barber, MD)
(Roosevelt Room - 8th floor, Vanderbilt Wing) (pre-registration required)
- 12:45pm Optional Tours (pre-registration required)
- 1:00pm Golf Outing on The Golf Course at the Grove Park Inn (pre-registration required)
- 6:30pm-9:30pm** **Dinner / Awarding of Distinguished Service Award / Musical Entertainment** – Families Welcome!
(Seely Pavilion) (pre-registration required)

SUNDAY, April 22

- 7:00am-10:30am Registration (Heritage Prefunction)
- 7:00am-8:00am Continental Breakfast / Networking (Heritage BC)
- 7:55am-12:30pm** **TREATMENT OF OPIOID USE DISORDER COURSE** (Wilson Room - 8th floor, Vanderbilt Wing)
- 7:55am-12:00pm** **Surgical Workshop: Mastering Gynecologic Surgical Techniques** (Heritage A)
- 7:55am-8:05am Welcome and Introductions (Erin Carey, MD, MSCR, Moderator)
- 8:05am-8:25am Immediate Postpartum LARC: Inserting IUDs as Soon as the Placenta is Out
(Matthew Zerden, MD, MPH, FACOG)
- 8:25am-8:45am Update on Advanced Perineal Trauma: Strategies for Sphincter Repair (Nazema Siddiqui, MD, MHSc)
- 8:45am-9:05am Setting Yourself Up for Success with Laparoscopic Cuff Closure (Keith Nelson, MD, FACS, FACOG)
- 9:05am-9:25am Implementing Hand Morcellation in Your Practice (Erin Carey, MD, MSCR)
- 9:30am-10:00am Break / Networking (Heritage BC)
- 10:00am-11:45am Hands-on Station Rotations
- 11:45am-12:00pm Awarding of Resident Presentation Prizes and Closing Remarks (Kate Menard, MD, MPH, FACOG)
- 12:00pm Adjourn



THE ASAM

Treatment of Opioid Use Disorder Course

Includes Waiver Qualifying Requirements

Wilson Room, eighth floor, Vanderbilt Wing

Objectives:

- Have specific knowledge to offer treatments for patients with opioid use disorder.
- Identify and assess patients who are appropriate for treatment with medications.
- Discuss the psychiatric and medical co-morbidities associated with opioid addiction.
- Apply for a waiver to prescribe buprenorphine to patients with opioid use disorders.

Schedule:

- 7:55am-12:30pm **Treatment of Opioid Use Disorder Course** (Alta DeRoo, MD, FACOG, FASAM and James W. Finch, MD, DFASAM)
- 9:30am-10:00am Break / Networking (Heritage BC, Sammons Wing)
- 12:30pm Adjourn

ASAM is an approved provider by CSAT/SAMHSA of DATA 2000 training.

ACCME ACCREDITATION STATEMENT: The American Society of Addiction Medicine (ASAM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

AMA CREDIT DESIGNATION STATEMENT: The American Society of Addiction Medicine designates this enduring material for a maximum of 4 *AMA PRA Category 1 Credits*[™]. Physicians should claim credit commensurate with the extent of their participation in the activity. The American Society of Addiction Medicine designates this live activity for a maximum of 4 *AMA PRA Category 1 Credits*[™]. Physicians should claim credit commensurate with the extent of their participation in the activity.

DATA 2000 training provided through the UNC Extension for Community Health Care Outcomes for Rural Primary Care Medication Assisted Treatment (UNC ECHO for MAT) is made possible by funding from the Agency for Healthcare Research and Quality (AHRQ) Grant number: 1R18HSO25065-01.

PROGRAM FACULTY & LEADERSHIP

Program Faculty

Haywood Brown, MD, FACOG
Duke University
Dept. of Obstetrics and Gynecology

Erin Teeter Carey, MD, MSCR
University of North Carolina
Dept. of Obstetrics and Gynecology

Alice Chuang, MD, MEd, FACOG
University of North Carolina
Dept. of Obstetrics and Gynecology

Sarah Ellestad, MD
Duke University
Dept. of Obstetrics and Gynecology
Duke Perinatal - Burlington

William Goodnight, III, MD, MSCR
University of North Carolina
Dept. of Obstetrics and Gynecology

Joanne Kurtzberg, MD
Duke University Medical Center

Rob Lamme
Rob Lamme and Associates

Kate Menard, MD, MPH, FACOG
University of North Carolina
Dept. of Obstetrics and Gynecology

Rep. Greg Murphy, MD, FACS
North Carolina House of Representatives
East Carolina University Brody School of Medicine

Keith Nelson, MD, FACS, FACOG
East Carolina University Women's Physicians

Nazema Siddiqui, MD, MHSc
Duke University Medical Center
Dept. of Obstetrics and Gynecology

David Stamilio, MD, MSCE
University of North Carolina
Dept. of Obstetrics and Gynecology

Betsey C. Tilson, MD, MPH
North Carolina Dept. of Health and Human Services
Division of Public Health

Patrice M. Weiss, MD, FACOG
Carilion Clinic
Virginia Tech Carilion School of Medicine

Matthew Zerden, MD, MPH, FACOG
WakeMed North Family Health and Women's Hospital

Resident Speakers

Charlotte Gamble, MD, MPH
Duke University School of Medicine

Myah Griffin, MD
Carolinas Healthcare

Olivia Hostetter, MD
Wake Forest School of Medicine

Lindsay Robbins, MD, MPH
University of North Carolina School of Medicine

Brent Sager, MD
Mountain Area Health Education Center

Harris Wexler, DO
East Carolina University Brody School of Medicine

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