

Help Save 3 Lives - Donate Blood!



Thursday, March 26th from 9:00 am - 1:00 pm
Where: Bloodmobile at N.C. Medical Society,
222 N. Person Street, Raleigh 27601
Sign up online at www.mysignup.com/ncmedsoc

or contact [Erin Grover](#)

All donors will receive "Donate For Life" points, snacks, and refreshments!

Featured Blood Donor



Vince Moore shown pictured with his daughter Colleen

"I've donated blood for years. It always seemed like an easy way to help others: it's quick, relatively painless and all it costs you is a pint of blood....."

A couple of years ago, the need for blood hit closer to home when my youngest daughter, Colleen, was diagnosed with osteogenic sarcoma (a form of bone cancer). Colleen's chemotherapies often left her requiring platelets and sometimes whole blood.

Thank goodness both were available due to the generosity of local blood donors.

Sadly, Colleen lost her battle with cancer, but there are thousands of other kids like her who continue to need platelets and blood -- and they are just a very small portion of those who need donated blood.

I will continue to donate because it is quick and easy, but now, for me, it's also a lot more meaningful."

About Rex Blood Services

- ◆ Founded in 1962 by a concerned group of physicians and community leaders, Rex Blood Services opened its doors as the first community blood donor center in the Triangle to ensure that there would always be a safe and adequate blood supply to meet the needs of local patients. Many of the original blood donors continue to give the gift of life.
- ◆ Blood products collected support patients at Rex Hospital, UNC Healthcare, WakeMed, Duke Hospital, Duke Health Raleigh, and many other local hospitals!

Can I donate blood and is it safe to donate?

Please click on the links below for the minimum eligibility guidelines, as well as answers to frequently asked questions:

[Eligibility Guidelines](#)

[Frequently Asked Questions](#)

If you have any questions or concerns about whether you can give blood, call the Rex Blood Services donor center at (919)784-4750 for more information.

Fast Blood Fact:

Only 5% of the eligible population donates blood.

Most Common Blood Types

Approximate distribution of blood types in the U.S. population are as follows:

- O positive - 38%
- O negative - 7%
- A positive - 34%
- A negative - 6%
- B positive - 9%
- B negative - 2%
- AB positive - 3%
- AB negative - 1%

Donate For Life Rewards Program

All donors receive "Donate For Life" points which enable them to receive rewards for donating:

[Donate For Life Rewards Program](#)

In order to access the store you will need your blood donor ID number which is located on your donor card or call (919) 784-4750 to obtain your number. The password is "password" which can be changed after the initial log in. Donor points are updated every 2 weeks.

