

# 2013 Annual Meeting

## August 23-25, 2013 • Kiawah Island Golf Resort Kiawah Island, South Carolina

This continuing medical education activity is jointly sponsored by the North Carolina Spine Society and the Wake Area Health Education Center.



Educating present and future healthcare providers

Part of the North Carolina AHEC Program

This course is designed for orthopaedic and neurosurgical spine providers, and will improve understanding of the ever-changing and expanding body of knowledge in the area of spinal disease. Participants will also be updated on areas critical to the successful spine surgery practice including the latest healthcare legislation, implementation of meaningful use and the patient as a consumer of healthcare.

#### **Objectives**

At the conclusion of this educational activity participants should be able to:

- Identify medical errors in spine surgery and their root cause.
- Compare surgical and non-surgical treatment options and outcomes for the patient with cervical spine trauma.
- Compare inter-facility transport options for isolated spinal injury.
- Explain minimally invasive fixation techniques for cervical spine trauma.
- Evaluate access to outpatient care for spine patients with private and public insurance.
- Compare occipital condyle to cervical fixation techniques in children.
- Discuss the effect of polyether ether ketone on radiation therapy to the spine.
- Evaluate outcomes of minimally invasive lumbar fusion techniques.
- Evaluate technique and outcomes of less invasive treatments of thoracolumbar tumors.
- Evaluate a post-operative radiographic grading scale of cervical fusion.
- Discuss the use of radiography in the evaluation of cervical fusion.
- Discuss the changing healthcare reimbursement environment and its effect on patients and physician practices.



## Meeting Overview

#### **Accreditation**

This activity has been planned and implemented in accordance with the Essential Areas and policies of the North Carolina Medical Society through the joint sponsorship of the Wake Area Health Education Center and the North Carolina Spine Society. The Wake Area Health Education Center is accredited by the North Carolina Medical Society to provide continuing medical education for physicians.

#### **Credit**

The Wake Area Health Education Center designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credit(s)*  $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **Continuing Education Units (CEUs)**

Wake Area Health Education Center will provide .6 Continuing Education Units to participants upon completion of this activity. No partial credit will be given.

#### **Contact Hours**

Wake Area Health Education Center will provide up to 6.0 contact hours to participants upon completion of this activity.

#### **Disclosure**

Wake AHEC adheres to ACCME Essential Areas and policies regarding industry support of continuing medical education. Commercial support for the program and faculty relationships within the industry will be disclosed at the activity. Speakers will also state when off-label or experimental use of drugs or devices are incorporated in their presentations.



#### **Location and Accommodations**

The 2013 Annual Meeting will be held at the family-friendly Kiawah Island Golf Resort on Kiawah Island, South Carolina. Located just 21 miles from historic Charleston, Kiawah's ten-mile-long barrier island environment provides the ideal combination of climate, history, nature, and beach. The NCSS has reserved accommodations in the East Beach villas. Rates for scenic view villas are \$219 (one bedroom) or \$289 (two bedrooms) plus 8% resort fee and 12.5% taxes per night. The resort fee covers on-demand, on-island transportation, and access to the villa fitness room and two villa resort pools. To reserve your accommodations, please either complete and send the Lodging Reservations form to Kiawah Island Resort or call Reservations at (800) 654-2924. The <u>cut-off date</u> to make reservations is <u>July 24</u>. <u>Don't delay!</u>

#### **Meeting Features**

The Annual Meeting program features outstanding faculty who will address current topics of interest to the practicing spine surgeon. The meeting also includes an exhibit hall presenting products and services to help your practice. Saturday and Sunday include continental breakfasts and breaks. Friday evening includes a welcome reception, and on Saturday evening there will be an optional, family-friendly oyster roast and buffet dinner at scenic Mingo Point, featuring live musical entertainment by a local steel drum player. The golf tournament will take place on the Kiawah's renowned Ocean Course on Saturday afternoon. These social events will provide an opportunity to renew friendships and meet new colleagues. The attire for the meeting and social functions is business casual.



## Meeting Overview

#### Registration

Register before July 23 to get the early-bird rate! All fees include continental breakfasts, breaks, and the Friday evening reception. Fees for the golf tournament and Saturday buffet dinner are noted on the registration form. Pre-registration is required for all events. Please note that refunds of registration fees will not be made after August 16. Refunds, less \$25, will be made for cancellations received prior to that date. Onsite registrations will include a \$25 surcharge. No-shows will be billed.

#### **Americans with Disabilities Act**

Wake AHEC and the NCSS are fully committed to the principle of equal educational opportunities for all individuals and do not discriminate on the basis of any characteristics protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to participate in this conference, please call Nancy Lowe at the NCSS office at (919) 833-3836 no later than ten business days before the date of the activity.

#### **Ouestions?**

Contact Nancy Lowe at the NCSS office: (919) 833-3836 or nlowe@ncmedsoc.org.



#### Friday, August 23

4:00pm-5:30pm Meeting Registration 4:00pm-7:00pm Exhibit Hall Open 5:30pm-7:00pm Welcome Reception

#### Saturday, August 24

7:00am-12:00pm Registration 7:00am-10:30am Exhibit Hall Open

7:00am-8:00am Continental Breakfast / Visit Exhibits

8:00am-12:00pm Program

8:00am Welcome and Introduction (Leo Spector, MD, President

and Program Chair)

8:05am Featured Speaker: "Medical Errors in Spine Surgery and

their Root Cause" (Alex Vaccaro, MD, PhD, FACS)

8:35am Questions/Discussion

8:50am "Comparison of Helicopter versus Ground Transport for the

Interfacility Transport of Isolated Spinal Injury"

(Norah Foster, MD) (Resident)

9:00am "Minimally Invasive Percutaneous Screw Fixation of

Traumatic Spondylolisthesis of the Axis" (Avery Buchholz, MD, MPH) (Resident)

9:10am "Access to Outpatient Care for Adult Lumbar Disc

Herniation Patients with Private Insurance versus Medicaid"

(Erik Olsson, MD) (Resident)

9:20am Questions/Discussion9:30am Break/Visit Exhibits

10:00am Business Meeting (no credit will be awarded)

10:30am Introductions (Leo Spector, MD)

10:35am Featured Speaker: "Advances in Cervical Spine Trauma"

(Alex Vaccaro, MD, PhD, FACS)

11:05am Questions/Discussion

11:20am "Type II Odontoid Fracture Case Debate"

(Alex Vaccaro, MD, PhD, FACS)

11:50am Questions/Discussion

12:00pm Adjourn

1:30pm Optional Golf Tournament on the Ocean Course

(includes boxed lunch; pre-registration required)

6:30pm-9:00pm Oyster Roast and Buffet Dinner with Entertainment --

Families Welcome! (pre-registration required)

## Schedule / Program

#### Sunday, August 25

7:00am-11:00am Registration Exhibit Hall Open 7:00am-10:35am 7:00am-8:00am Continental Breakfast / Visit Exhibits 8:00am-12:00pm Program Welcome and Introductions (Leo Spector, MD) 8:00am 8:05am "Patients as Consumers of Healthcare" (Cameron Cox, III, MHA, FACMPE) 8:45am Ouestions/Discussion "Occipital Condyle to Cervical Fixation in the Pediatric 9:00am Population" (Libby Kosnik-Infinger, MD, MPH) (Resident) "The Effect of Polyether Ether Ketone on Therapeutic 9·10am Radiation to the Spine" (Joshua Patt, MD, MPH) "Changing the Paradigm: Lumbar Stenosis and Minimally 9:20am Invasive Fusion" (Walter Eckman, MD) 9:30am Questions/Discussion 9·40am "Panic in My Mind: The Argument for Checklists in the Operating Room" (Sam Chewning, MD, MBA) 10:00am Break/Visit Exhibits "Posterior Less Invasive Decompression and Stabilization 10.35am for the Treatment of Malignant Neoplasms of the Thoraco-lumbar Spine: Perioperative Results and Risk of Hardware Failure" (Avery Buchholz, MD, MPH) (Resident) "Grading Scale of Anterior Cervical Discectomy and Fusion 10:45am (ACDF)" (Dennis Bullard, MD) 10.55am "Adult Degenerative Scoliosis Treated by XLIF: Clinical and Radiographic Results of a 24-month Multi-center Prospective Study" (Mark Kurd, MD) Ouestions/Discussion 11:05am 11:15am 2013 Legislative Update (Amy Whited, MPA) 11:35am Meaningful Use 2 (Terri Gonzalez) Open Discussion/Awarding of Resident Paper Prize 11:55am

Adjourn

12:00pm

President:
Leo R. Spector, MD

President-Elect:
Paul Kim, MD

Vice President:
Charles S. Haworth, MD

Secretary-Treasurer:
Gurvinder S. Deol, MD

Immediate Past President:
Joshua C. Patt, MD, MPH

Executive Director: W. Alan Skipper, CAE



## Meeting Speakers

## Featured Speaker: Alex Vaccaro, MD, PhD, FACS

Endowed Chair and Vice Chairman,
Dept. of Orthopaedic Surgery;
Professor of Neurosurgery and Orthopaedic Surgery
Co-Director, Regional Spinal Cord Injury Center of Delaware Valley
Co-Director, Spine Fellowship Program
Thomas Jefferson University Hospital
Co-Director, Reconstructive Spine Service
Attending Orthopaedic Surgeon
The Rothman Institute
Philadelphia, PA
Past President, American Spinal Injury Association

#### Attending and Guest Speakers:

**Dennis Bullard, MD** Triangle Neurosurgery, PA, Raleigh, NC

**Sam Chewning, MD, MBA**Carolina Neurosurgery and Spine Associates, Charlotte, NC

**Cameron Cox, III, MHA, FACMPE** Management Services On-Call, Chapel Hill, NC

> **Walter Eckman, MD** Aurora Spine Center, Tupelo, MS

**Terri Gonzalez** North Carolina Medical Society Foundation, Raleigh, NC

> **Mark Kurd, MD** OrthoCarolina Spine Center, Charlotte, NC

**Joshua Patt, MD, MPH**Carolinas Medical Center and Levine Cancer Institute, Charlotte, NC

**Amy Whited, MPA**North Carolina Medical Society, Raleigh, NC

Resident Presenters:

Avery Buchholz, MD, MPH (MUSC) Libby Kosnik-Infinger, MD, MPH (MUSC) Norah Foster, MD (Duke) Erik Olsson, MD (UNC)

### NC SPINE SOCIETY MEETING REGISTRATION FORM

#### 1. Personal Information (Please Print)

Degree(s)		
Last 4 Digits of SSN:		
(Phone)		
TO QUALIFY FOR MEMBER RATE)		
Prior to 7/23 After 7/23 \$225\$275 \$450\$500 \$125\$175 \$0\$0 Prof. \$100\$150		
3)		
person \$ on\$		
NDS AFTER AUGUST 16)		
payable to NC Spine Society  Exp. Date:		

Complete and return this form with payment to: NC Spine Society, P.O. Box 27167, Raleigh, NC 27611 FAX: (919) 833-2023



#### **Lodging Reservations**

NC Spine Society August  $23^{rd} - 25^{th}$ , 2013

Please fill in this form and **mail directly to**: Reservations Department, Kiawah Island Golf Resort, I Sanctuary Beach Drive, Kiawah Island South Carolina, 29455. You may call in your reservations to 800-654-2924, please reference group as **NC Spine Society** and/or the group **booking number of 10371**. You may also fax reservations to (843) 768-2736 or email to group\_reservations@kiawahresort.com

**Deadline for making reservations is July 24<sup>th</sup>, 2013.** Reservations received after this date will only be filled on a space-and-rate available basis.

Name:			
Street:			
City:			
Telephone Number: Office:	()	Home: (	)
E-mail address:			
Arrival Date: (Check-In 4:30pm)	Departure Date:(Check-Out 10:30am)	#	of Adults:
☐ (East Beach One Bedroom Scenic☐ (East Beach Two Bedroom Scenic	* * .		
<b>Deposit</b> : Each reservation must b Kiawah Island Golf Resort, OR co			
□ VISA □ Master Card	☐ American Express	$\square$ Diners Club	$\square$ Discover
Card Number:		Expiration Date	:/
Signature:	e r	1 2	

The Kiawah Island Golf Resort will confirm your reservation directly to you when your deposit is received. If the type of accommodation you request is unavailable, the most appropriate lodging available will be reserved for you. Your deposit must be received within five (5) days if not paid by major credit card. All rates are subject to 12.5% tax and 8% daily resort fee\*tax rates are subject to change. Cancellations must be received fourteen (14) days prior to arrival date for refund of deposit.

2013 Annual Meeting Information

