

Carolinas Chapter/AACE  
PO Box 27167  
Raleigh, NC 27611



Carolinas Chapter/  
American Association of Clinical Endocrinologists  
2013 Annual Meeting

August 16-18, 2013  
The Ballantyne Hotel  
Charlotte, NC

Jointly sponsored by the  
Carolinas Chapter/American Association of Clinical Endocrinologists  
and Wake Area Health Education Center

**Wake AHEC**  
Educating present and future healthcare providers  
*Part of the North Carolina AHEC Program*

This course is designed for the practicing endocrinologist and will address issues of interest and concern to endocrinologists today.

### Objectives

At the conclusion of this conference the attendees shall be able to:

- Discuss the utility of patient and clinician registries for improved quality of care.
- Discuss adjustment of the practice model to participate in the “new” health system (Pay for Performance).
- Review legislative initiatives for the consolidation of care of patients.
- Review new approaches to the prevention and management of complications of diabetes mellitus types 1 and 2.
- Discuss the role of neuro-endocrine imaging in early tumor detection.
- Identify the criteria for screening, appropriate testing, and treatment approaches for endocrine causes of hypertension.
- Identify skills to detect and avert depression as a barrier to clinical success for patients.
- Assess the role of spinal stimulation as part of the emerging electro-physiologic therapy for diabetic neuropathy.
- Review guidelines for the management of aging and low testosterone in male patients.

### Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and policies of the North Carolina Medical Society through the joint sponsorship of the Wake Area Health Education Center and the CC/AACE. The Wake Area Health Education Center is accredited by the North Carolina Medical Society to provide continuing medical education for physicians.

### Credit

The Wake Area Health Education Center designates this live activity for a maximum of 8.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Continuing Education Units (CEUs)

Wake Area Health Education Center will provide .9 Continuing Education Units to participants upon completion of this activity. No partial credit will be given.

### Contact Hours

Wake Area Health Education Center will provide up to 8.5 contact hours to participants upon completion of this activity.

### Location and Accommodations

The 2013 Annual Meeting will be held at the four-diamond rated Ballantyne Hotel. Located on the south side of Charlotte, the Ballantyne features a European-style spa, indoor and outdoor pools, golf course and jogging trail. The Ballantyne has set aside a block of rooms in the name CC/AACE until July 26 at a special rate of \$219 plus taxes. Please contact the hotel directly to make reservations at (866) 248-4824.

### Meeting Features

Meet new colleagues and renew acquaintances at the Friday welcome reception, which follows an informative Shared Savings and Accountable Care presentation and AACE update on Friday afternoon. The scientific session begins Saturday morning, along with the Chapter business meeting. Saturday afternoon will feature a golf outing at the Ballantyne Golf Course. Saturday evening there will be a family-friendly dinner. The second scientific session will take place Sunday morning. The attire for the meeting and social functions is business casual.

### Registration

Register before July 25 to receive the early-bird rate! Fees include continental breakfasts, breaks, and the Friday evening reception. Please see registration form for fees for the Saturday golf outing and dinner. Pre-registration is required for all events. Please note that refunds of registration fees will not be made after August 9. Refunds, less \$25, will be made for cancellations received prior to that date. No-shows will be billed.

### Disclosure

Wake AHEC adheres to ACCME Essential Areas and policies regarding industry support of continuing medical education. Commercial support for the program and faculty relationships within the industry will be disclosed at the activity. Speakers will also state when off-label or experimental use of drugs or devices are incorporated in their presentations.

### Americans with Disabilities Act

The CC/AACE is fully committed to the principle of equal educational opportunities for all individuals and does not discriminate on the basis of any characteristics protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to participate in this conference, please call (919) 833-3836 no later than ten business days before the date of the activity.

# Program Faculty

John Buse, MD, PhD  
University of North Carolina School of Medicine  
Chapel Hill, NC

Brent Egan, MD  
Medical University of South Carolina  
Charleston, SC

Jon-David Hoppenfeld, MD  
Southeast Pain Care  
Charlotte, NC

Stephen W. Keene, JD  
North Carolina Medical Society  
Raleigh, NC

Leonard Lichtenstein, MD, FACE (Program Chair)  
Medical University of South Carolina  
Charleston, SC

Cheryl Lynch, MD, MPH  
Medical University of South Carolina  
Charleston, SC

Jeffrey Mechanick, MD, FACP, FACE, FACN, ECNU  
President, AACE  
Mount Sinai Hospital  
New York, NY

Karel Pacak, MD, PhD, DSc  
NIH/NICHD  
Bethesda, MD

Grace Terrell, MD, MMM, CPE, FACP, FACPE  
Cornerstone Health Care  
High Point, NC

# Schedule / Program

## Friday, August 16

4:00pm-7:00pm Registration  
5:15pm-6:00pm Shared Savings and Accountable Care (Grace Terrell, MD, MMM, CPE, FACP, FACPE)  
6:00pm-6:45pm AACE Update (Jeffrey Mechanick, MD, FACP, FACE, FACN, ECNU)  
6:45pm-8:00pm Welcome Reception  
Dinner on your own

## Saturday, August 17

7:00am-1:00pm Registration  
7:00am-8:00am Continental Breakfast / Visit Exhibits  
7:50am-1:00pm Program  
7:50am Welcome and Introductions (Leonard Lichtenstein, MD, FACE, President and Program Chair)  
8:00am Toward Quality Improvement in Diabetes and Hypertension: The OQUIN Network (Brent Egan, MD)  
8:50am Q&A  
9:00am Toward Prevention of Type 1 & 2 Diabetes (John Buse, MD, PhD)  
9:50am Q&A  
10:00am-10:30am Break  
10:30am Business Meeting (no credit will be awarded)  
11:00am Legislative update (Stephen W. Keene, JD)  
11:50am Q&A  
12:00pm New Trends in Localization of Neuroendocrine Tumors (Karel Pacak, MD, PhD, DSc)  
12:50pm Q&A  
1:00pm Adjourn  
1:00pm-2:00pm **Optional Complimentary Lunch Program (physicians only please): AACE Obesity Education Series \***  
1:30pm Golf Outing (includes boxed lunch; pre-registration required)  
6:30pm-9:00pm Dinner and Entertainment (pre-registration required)

## Sunday, August 18

7:00am-12:30pm Registration  
7:00am-8:00am Continental Breakfast / Visit Exhibits  
7:55am-1:00pm Program  
7:55am Introductions (Leonard Lichtenstein, MD, FACE)  
8:00am DM: Diversity and Depression (Cheryl Lynch, MD, MPH)  
8:50am Q&A  
9:00am Spinal Cord Stimulation for the Treatment of Diabetic Neuropathy (Jon-David Hoppenfeld, MD)  
9:50am Q&A  
10:00am-10:30am Break  
10:30am Metformin, Incretins and Cancer: A Critical Review (John Buse, MD, PhD)  
11:20am Low T: The Role for the Endocrinologist (Leonard Lichtenstein, MD, FACE)  
1:00pm Adjourn

\* Contact AACE directly to pre-register: [ksimonson@aace.com](mailto:ksimonson@aace.com) or (904) 353-7878 ext. 119

MEETING REGISTRATION FORM  
CC/AACE 2013 Annual Meeting

1. PERSONAL INFORMATION (PLEASE PRINT)

Name: \_\_\_\_\_ Degree(s): \_\_\_\_\_

Practice Name: \_\_\_\_\_

First Name for Badge: \_\_\_\_\_ Last 4 Digits of SSN: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Home Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Spouse/Guest Name, if attending: \_\_\_\_\_

Child(ren) Name(s) and Age(s), if attending: \_\_\_\_\_

Emergency Contact: (Name) \_\_\_\_\_ (Phone) \_\_\_\_\_

Dietary Restrictions: \_\_\_\_\_

Special Needs: \_\_\_\_\_

2. REGISTRATION FEES (2013 DUES MUST BE CURRENT TO QUALIFY FOR MEMBER RATE)

Please check one	Prior to 7/25	After 7/25
<input type="checkbox"/> Member Physician	\$175.....	\$250
<input type="checkbox"/> Non-member Physician	\$275.....	\$350
<input type="checkbox"/> Resident/Fellow/Medical Student	\$25.....	\$25
<input type="checkbox"/> Allied Health Professional (PA/NP)	\$100.....	\$150

3. ACTIVITIES (PLEASE INDICATE NUMBER ATTENDING)

☐ Friday Shared Savings presentation and AACE Update @ n/c

☐ Friday Reception - adults @ n/c / ☐ children under 12 @ n/c

☐ Saturday Golf Outing @ \$135 per person (includes boxed lunch)

Saturday Dinner and Entertainment:

☐ Adults @ \$50 per person / ☐ children 4-12 @ \$20 /

☐ children under 4 @ n/c

4. TOTAL FEES (TOTAL OF SECTIONS 2 AND 3) (NO REFUNDS AFTER AUGUST 9)

Enclosed is check # \_\_\_\_\_ for \$ \_\_\_\_\_ payable to CC/AACE.  
(Sorry, credit cards are not accepted.)

Complete and return this form with payment to:  
CC/AACE, P.O. Box 27167, Raleigh, NC 27611  
FAX: (919) 833-2023

# CC/AACE Leadership

Leonard S. Lichtenstein, MD, FACE  
President and Program Chair  
MUSC Medical Center  
Charleston, SC

Thomas L. O'Connell, MD  
Vice-President/President-Elect  
UNC Diabetes Care Center  
Durham, NC

Douglas B. Robinson, MD, PhD, FACE  
Secretary-Treasurer  
Charlotte Medical Clinic  
Charlotte, NC

Elizabeth H. Holt, MD, FACE  
Past President  
Raleigh Endocrine Associates  
Raleigh, NC

W. Alan Skipper, CAE  
Executive Director  
Raleigh, NC

Questions?  
Contact the CC/AACE office at (919) 833-3836  
or [nlowe@ncmedsoc.org](mailto:nlowe@ncmedsoc.org).