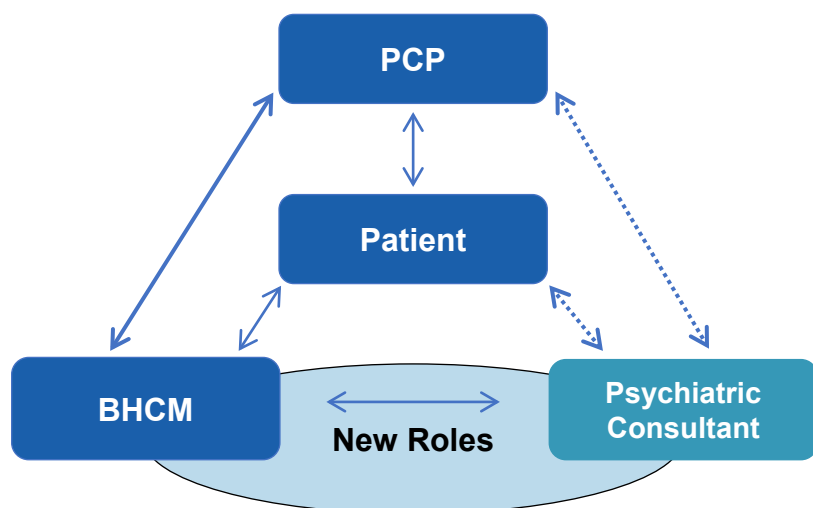


## The Collaborative Care Model (CoCM): The Role of the Psychiatrist



### Why Collaborative Care?

- ✓ Leverage your expertise and specialized skill set to increase access to mental health care
- ✓ Gain consultation experience working in a patient-centered care team
- ✓ Provide high quality, patient centered, coordinated care
- ✓ Reduce physician burnout and increase both patient and provider satisfaction

### What is the Collaborative Care Model (CoCM)?

The Collaborative Care Model (CoCM) uses a team-based, interdisciplinary approach to deliver evidence-based diagnoses, treatment, and follow up care. The model differs from other integrated behavioral health services because of the replicated [evidence](#) supporting its ability to improve patient outcomes, save money, and reduce stigma related to mental health.

### How Does it Work?

A Collaborative Care team is led by a primary care provider (PCP) and includes behavioral health care managers (BHCM), **psychiatrists**, and other mental health professionals acting as force multipliers of psychiatric expertise. The team implements a measurement-guided care plan based on evidence-based practice guidelines and focuses particular attention on patients not meeting their clinical goals.

### Get Trained in Collaborative Care!

Through CMS' Transforming Clinical Practice Initiative, the American Psychiatric Association (APA) acts as a Support and Alignment Network (SAN), providing Collaborative Care training to psychiatrists who will work with primary care practices to improve patient outcomes and increase access. **To see a list of in-person training opportunities, please [CLICK HERE](#).**

### Get Trained Online

In addition to the in-person Collaborative Care trainings, the APA also offers **free** online trainings in Collaborative Care.

- **[Applying the Integrated Care Approach: Core](#) 4 CME Credits**  
This course provides training in Collaborative Care Consultation Psychiatry, focusing on the knowledge, skills, and attitudes necessary to help psychiatrists provide high quality care for larger populations.
- **[Applying the Integrated Care Approach: Advanced](#) 2 CME Credits**  
\*\*This course is offered to those who have completed the core training.