

Carolinas Chapter/American Association of Clinical Endocrinologists

2015 Annual Meeting



August 28-30, 2015 ~ Omni Grove Park Inn ~ Asheville, NC
This continuing medical education activity is jointly provided by the
Carolinas Chapter / AACE and Southern Regional Area Health
Education Center

7.5 CME Credits!

2015 CC/AACE Annual Meeting

Target Audience and Purpose

The Carolinas Chapter of the American Association of Clinical Endocrinologists is pleased to announce its 2015 Annual Meeting, to be held at the Omni Grove Park Inn in Asheville, NC. This educational activity is designed for practicing and academic endocrinologists, fellows, residents, and medical students. Expert faculty will present up-to-date methods of evaluation and therapy for endocrine conditions affecting our patients. The approach to diagnosis of the specific conditions, their treatment and expected outcomes will be emphasized.

Objectives

- Discuss prevalence of pre-diabetes and how to prevent overt diabetes.
- Outline current goals in type 2 diabetes and discuss treatment algorithms.
- Explain current standards and methods of inpatient glucose management.
- Discuss the latest approaches to diagnosis and treatment of adrenal disorders.
- Assess current recommendations and treatments of hypothyroidism.
- Discuss current requirements for endocrine maintenance of certification.
- Recognize how physician perceptions are formed in social media.

Credit Statement

AMA PRA Category 1 Credit™ - 7.5 hours

The Southern Regional AHEC designates this live activity for a maximum of 7.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation

This activity has been planned and implemented in accordance with the Essentials and Standards of the North Carolina Medical Society through the joint providership of the Southern Regional AHEC and the Carolinas Chapter of the American Association of Clinical Endocrinologists. The Southern Regional AHEC is accredited by the NCMS to provide continuing medical education for physicians.

Additional Credit

Other health professionals will receive Southern Regional AHEC CEU and/or contact hours and a certificate of attendance from an AMA PRA Category 1™ activity. These certificates are accepted by the NC boards for physician assistants, nurse practitioners, and nurses. License requirements are subject to change. Southern Regional AHEC recommends that participants contact their licensing board with specific questions. Southern Regional AHEC will provide 7.5 Continuing Education Units (.8 contact hours) to participants upon completion of this activity.

Disclosure Statement

The Southern Regional AHEC adheres to ACCME Essential Areas and Policies regarding industry support of continuing medical education. Disclosure of faculty/planning committee members and commercial relationships will be made known at the activity. Speakers are also expected to openly disclose a discussion of any off-label, experimental, or investigational use of drugs or devices in their presentations.

Americans with Disabilities Act

Southern Regional AHEC and the CC/AACE are fully committed to the principle of equal educational opportunities for all individuals and do not discriminate on the basis of any characteristics protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to participate in this conference, please call Nancy Lowe at (919) 833-3836 no later than ten business days before the date of the activity.

Meeting Features

The Annual Meeting program features outstanding faculty who will address current topics of interest to the practicing endocrinologist. The meeting also includes a networking hub with vendors presenting products and services to help the endocrinology practice; the Friday welcome reception and Saturday and Sunday continental breakfasts and breaks take place in this area. Saturday afternoon is free to enjoy the recreational activity of your choice; see information on golf and other optional activities and tours in this brochure. Saturday evening there will be a family-friendly dinner at the Grove Park Inn Country Club, featuring musical entertainment by a local bluegrass band. These social events will provide an opportunity to renew friendships and meet new colleagues. Attire for all functions is business or resort casual.

Resort Features and Accommodations

The historic, four-diamond rated Omni Grove Park Inn Resort features a world-class spa, golf and tennis, several new dining outlets, and new shops featuring local mountain artisan crafts, food and gifts. To secure your hotel accommodations, please call (800) 438-5800 and reference the CC/AACE. A deposit for the first night's rate plus taxes is required; group rates are \$239 to \$279, depending on view, plus \$11 per room resort fee and taxes, per night. **Our block of rooms will not be held beyond July 28.** The mountains are a popular destination in the summertime, and the resort is likely to sell out, so you are urged to **make your reservation promptly.**

Meeting Registration

Registration fees for this meeting are \$175 for member physicians, \$275 for nonmember physicians, and \$100 for emeritus/retired physicians and allied health professionals/midlevel providers. Residents, fellows and medical students may attend the meeting for just \$25. Registration fees include all meeting materials, the Friday evening reception, and Saturday and Sunday continental breakfasts and breaks. Fees for the optional recreational activities and Saturday dinner and entertainment are noted on the registration form. To register, complete the registration form in this brochure and return it by August 1 to receive the early-bird rate. Registrations received after August 1 will be charged a higher fee.

If you would like to receive a paper copy of the handouts, please indicate this on the registration form. Otherwise, handouts will be available for download prior to the meeting.

Registration Cancellation

Please note that refunds of registration fees will not be made after Friday, August 14. Refunds, less \$25, will be made for cancellations received prior to that date.

Questions

If you have any questions or need assistance, contact the CC/AACE at (919) 833-3836 or nlowe@ncmedsoc.org.



Meeting Schedule

Friday, August 28

3:30pm-6:00pm	Registration
4:25pm-5:30pm	Opening Session
4:25pm	Welcome and Introductions (Thomas O'Connell, MD, FACE, President and Program Chair)
4:30pm	Winning the Battle of Patient Perception (Brandon Ives)
5:15pm	Q&A
5:30pm	Adjourn
5:30pm-7:00pm	Reception / Networking Hub

Saturday, August 29

7:00am-12:00pm	Registration
7:00am-7:50am	Continental Breakfast / Networking Hub
7:50am-12:10pm	Scientific Session 1
7:50am	Welcome and Introductions (Thomas O'Connell, MD, FACE)
8:00am	Pre-Diabetes (Leigh Perreault, MD)
8:45am	Q&A
8:55am	Diabetes Update (Michael Carlson, MD, FACE)
9:40am	Q&A
9:50am	Break / Networking Hub
10:30am	State of AACE (Sandra Weber, MD, FACE)
10:45am	Business Meeting (no credit will be awarded)
11:15am	Inpatient Diabetes (Thomas O'Connell, MD, FACE)
12:00pm	Q&A
12:10pm	Adjourn
	Lunch on your own.
1:00pm	Optional Golf Outing at Grove Park Inn Course (Pre-registration required) Afternoon free for recreation of your choice. See optional tours reservation form.
6:30pm-9:30pm	Buffet Dinner and Entertainment (Families welcome! Pre-registration required)

Sunday, August 30

7:00am-11:00am	Registration
7:00am-7:50am	Continental Breakfast / Networking Hub
7:50am-12:00pm	Scientific Session 2
7:50am	Welcome and Introductions (Thomas O'Connell, MD, FACE)
8:00am	The Spectrum of Hypothyroidism: New Views about Significance and Therapy (Paul Ladenson, MD)
8:45am	Q&A
8:55am	The Not-So-Incidental Adrenal Nodule (James Findling, MD)
9:40am	Q&A
9:50am	Break / Networking Hub
10:20am	The Ten Rules of Adrenal Steroidogenesis: A Case-based Approach to Disorders of the Adrenal Cortex (James Findling, MD)
11:00am	Q&A
11:05am	Endocrinology Maintenance of Certification (Cacia Soares-Welch, MD)
11:50am	Q&A
12:00pm	Adjourn

Optional Activities

Biltmore Estate Day Tour: The magnificent beauty of the Biltmore House, Gardens & Winery are revealed in this half-day tour. Your excursion includes a self-paced, self-guided tour of the restored rooms of Biltmore House, America's largest privately owned residence, acres upon acres of beautiful Gardens, and a tour of Biltmore's award-winning Winery followed by a wine tasting for guests 21 and older. \$129 per person includes: Estate admission, self-guided Audio tour of Biltmore House, all inclusive lunch, transportation, professional guide, winery tour and tasting, all taxes and gratuity. Tour departs PROMPTLY at 12:45pm from the hotel for lunch at the Stable Café Biltmore. House tour will follow directly after lunch, then transportation will be provided to the Winery for the self-guided tour and tasting for guests over 21 years of age. Minimum of 12 guests. Return to Omni Grove Park Inn at 6:00pm.



Whitewater River Rafting: A favorite activity for those visiting the Western North Carolina Mountains. No other sport combines teamwork, fun and outdoor adventure like a trip down the river. If you are looking for a scenic and exhilarating adventure, this is the tour for you! A professional guide will transport you to an exciting and challenging raft trip through the Class I to III rapids of the French Broad River or Class I-IV of the Pigeon River (based on river conditions). Children must be eight years old to participate in raft trip. Please notify us if children are part of this program because parent or guardian will be required to sign waivers

for youths under 18 years of age. \$99 per person includes: transportation, professional guide, all-inclusive lunch, equipment, all taxes and gratuity. Tour departs PROMPTLY at 1:00pm from the hotel. Minimum of 12 guests. Tour will return at approximately 6:00pm.

The Canopy Adventure: Rain or shine, Accents on Asheville will take you on an exhilarating Canopy Adventure to Navitat, a stunning piece of forested mountain property just minutes north of Asheville. This Canopy Adventure combines the thrill of the ride with a genuine commitment to education, teaching guests about the natural environment, how sustainable practices were integrated into the course, local culture and history. Two professional canopy rangers will accompany smaller groups of up to eight guests. The Navitat course, with over one mile of suspended cable, highlights the property's natural beauty and features ten exhilarating zip lines (including one that sends guests soaring 200 feet above the forest floor and another that is 1100 feet in length), artfully-crafted platforms that nest seamlessly in large beautiful native trees, two rappelling experiences, two suspended sky bridges that span forest sections teeming with flora and fauna, and three short hikes. ** Some restrictions apply. \$159 per person includes: transportation, box lunch, beverages, taxes and gratuity. Tour will depart from the hotel PROMPTLY at 1:00pm and will return at 6:00pm. The Canopy tour is on a tight time schedule and no refunds will be issued after registration. Minimum of 6 guests. Based on availability at time of registration.



Activity Registration

Saturday, August 29, 2015

Optional Activity Registration Ends August 20, 2015

Tour	Cost	Date & Time	# of Guests	Total Cost
Biltmore Estate Day Tour with Lunch and Audio	\$129 per person	Saturday, August 29, 2015 12:45pm – 6:00pm	_____	_____
White Water River Rafting	\$99 per person	Saturday, August 29, 2015 1:00pm – 6:00pm	_____	_____
Canopy Adventure	\$159 per person	Saturday, August 29, 2015 1:00pm – 6:00pm	_____	_____

IMPORTANT NOTES: Registration MUST be received no later than August 20, 2015 with payment in the form of a Check or Credit Card.

Name (s) _____

Credit Card Billing Address _____

City _____ State _____ Zip _____ Phone _____

E-mail address _____

(Confirmation will be sent via e-mail)

(MasterCard, Visa or AMEX only)

_____ --- _____
Credit Card Number exp date CSC Code

Client's Signature & Date

Cancellation Policy: Cancellations must be received in writing on or before August 20, 2015 for a full refund for White Water Rafting or Biltmore Estate Tour. There will be no refunds issued for the Canopy Tour and NO refunds will be issued for cancellations received after the date listed above. Accents on Asheville reserves the right to cancel any tour and will issue full refunds if the minimum number of participants for the tour is not met.

Please fax completed form to (828) 251-9213 or email form to lynng@accentsonasheville.com. If paying by check please send to: Accents on Asheville ♦ 290 Macon Avenue ♦ Asheville, NC 28804

Meeting Registration

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1. PERSONAL INFORMATION (Please print.)

Name: _____ Degree(s): _____

Preferred Name For Badge: _____ Spouse/Guest, if attending: _____

Child(ren) Name(s) and Age(s), if attending: _____

Last Four Digits of SSN (required for CME): _____

Practice Name: _____

Address: _____

City/State/Zip: _____

Phone: () _____ Fax: () _____

E-mail: _____

Home Address: _____

Home City/State/Zip: _____

Emergency Contact: (Name) _____ (Phone) _____

Accessibility Needs/Dietary Restrictions: _____

2. REGISTRATION FEES (To qualify for member rate, 2015 dues must be current.)

	<u>Prior to 8/1</u>	<u>After 8/1</u>
Member Physician	\$175	\$250
Non-Member Physician	\$275	\$350
Resident/Fellow/Medical Student	\$25	\$25
Emeritus/Retired member	\$100	\$100
Allied Health Professional (PA/NP)	\$100	\$150

Handouts will be available for download online. If you prefer to have a printed paper copy of the lecture handouts, you may purchase a paper syllabus for \$25; check here to order a paper syllabus: _____

• • • Registration Fee Total \$ _____

3. ACTIVITIES (Pre-registration required for all events; please indicate number attending.)

- Friday Evening Welcome Reception @ n/c _____
- Saturday Golf at Grove Park Inn Course @ \$120 including box lunch per person _____
- Saturday Dinner/Entertainment: Adults @ \$55 per person _____
Child(ren) 3-12 @ \$20 _____ Child(ren) under 3 @ n/c _____

Register for optional tours directly with Accents on Asheville using form in this brochure.

• • • Activity Fees Total \$ _____

4. TOTAL FEES (TOTAL OF SECTIONS 2-3; include additional \$25 for paper syllabus.)

No refunds after August 14.

Enclosed is check # _____ for \$ _____ payable to CC/AACE.
Sorry, credit cards are not accepted.

Send this form and payment to: CC/AACE, PO Box 27167, Raleigh, NC 27611
FAX: (919) 833-2023

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