

CAROLINAS CHAPTER/AMERICAN ASSOCIATION OF CLINICAL ENDOCRINOLOGISTS

2016 ANNUAL MEETING

HILTON HEAD ISLAND



SEPTEMBER 9-11, 2016 ~ SONESTA RESORT ~ HILTON HEAD ISLAND, SC

This continuing medical education activity is jointly provided by the
Carolinas Chapter, AACE and Southern Regional Area Health Education Center

8.25 CME Credits!

TARGET AUDIENCE AND PURPOSE

The Carolinas Chapter of the American Association of Clinical Endocrinologists is pleased to announce its 2016 Annual Meeting, to be held at the newly-renovated Sonesta Resort on Hilton Head Island, SC. This educational activity is designed for practicing and academic endocrinologists, fellows, residents, and medical students. Expert faculty will present up-to-date methods of evaluation and therapy for endocrine conditions affecting our patients. The approach to diagnosis of the specific conditions, their treatment and expected outcomes will be emphasized.

OBJECTIVES

- Discuss the latest advances in Type 1 diabetes therapy with regards to insulin pumps.
- Review the latest guidelines in thyroid cancer therapy.
- Discuss current treatments for male infertility and hypogonadism.
- Evaluate Vitamin D supplementation and metabolism and its skeletal and non-skeletal effects.
- Describe the latest surgical options for obesity treatment and discuss long term post-operative monitoring.
- Assess the latest trends in pituitary disease and treatment.
- Describe current treatment goals for diabetics with hyperlipidemia and discuss newer therapies.



CREDIT STATEMENT

AMA PRA Category 1 Credit™ - 8.25 hours

The Southern Regional AHEC designates this live activity for a maximum of 8.25 **AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ACCREDITATION

This activity has been planned and implemented in accordance with the Essentials and Standards of the North Carolina Medical Society through the joint providership of the Southern Regional AHEC and the Carolinas Chapter of the American Association of Clinical Endocrinologists. The Southern Regional AHEC is accredited by the NCMS to provide continuing medical education for physicians.

ADDITIONAL CREDIT

Other health professionals will receive Southern Regional AHEC CEU and/or contact hours and a certificate of attendance from an **AMA PRA Category 1™** activity. These certificates are accepted by the NC boards for physician assistants, nurse practitioners, and nurses. License requirements are subject to change. Southern Regional AHEC recommends that participants contact their licensing board with specific questions. Southern Regional AHEC will provide 8.25 Continuing Education Units (.8 contact hours) to participants upon completion of this activity.

DISCLOSURE STATEMENT

The Southern Regional AHEC adheres to ACCME Essential Areas and Policies regarding industry support of continuing medical education. Disclosure of faculty/planning committee members and commercial relationships will be made known at the activity. Speakers are also expected to openly disclose a discussion of any off-label, experimental, or investigational use of drugs or devices in their presentations.

MEETING FEATURES

The Annual Meeting program features outstanding faculty who will address current topics of interest to the practicing endocrinologist. The meeting also includes a networking hub with vendors presenting products and services to help the endocrinology practice; the Friday welcome reception and Saturday and Sunday continental breakfasts and breaks take place in this area. Saturday afternoon is free to enjoy the recreational activity of your choice; a golf outing at Shipyard Golf Club will be offered. Advance reservations are recommended for the resort's Arum Spa. Saturday evening there will be a family-friendly dinner at the Oceanside Pavilion, featuring live musical entertainment. These social events will provide an opportunity to renew friendships and meet new colleagues. Attire for all functions is business or resort casual.

RESORT FEATURES AND ACCOMMODATIONS

The four-diamond rated Sonesta Resort, in the popular Shipyard area of Hilton Head Island, recently completed a \$30 million complete renovation. The resort is nestled on 5.2 oceanfront acres of lush tropical grounds with indoor and outdoor pools, the new Arum spa, fitness center, and private beach access. Four dining outlets are on property. The Sonesta also has a children's program with resort activities just for kids. To secure your hotel accommodations, please call 1-800-SONESTA (800-766-3782) and reference the CC/AACE. A deposit for the first night's rate plus taxes is required; group rates are \$189 plus \$18 resort fee, destination fee and taxes, per night. Our block of rooms will be released **August 10**. The beach is a popular destination, and the resort is likely to sell out, so you are urged to **make your reservation promptly**.

MEETING REGISTRATION

New this year: Register securely online at <http://www.cvent.com/d/wfq556>, or complete and return the form in this brochure with payment. Registration fees for this meeting are \$200 for member physicians, \$300 for nonmember physicians or PharmDs, \$150 for mid-level providers, and \$125 for emeritus/retired physicians. Residents, fellows and medical students may attend the meeting for just \$25. Registration fees include all meeting materials, the Friday evening reception, and Saturday and Sunday continental breakfasts and breaks. Fees for the optional golf outing and Saturday dinner and entertainment are noted on the registration form. Register by August 10 to receive the early-bird discounted rate. Registrations received after August 10 will be charged a higher fee.

If you would like to receive a paper copy of the handouts, please indicate this on the registration form. Otherwise, handouts will be available for download prior to the meeting.

REGISTRATION CANCELLATION

Please note that refunds of registration fees will not be made after Friday, September 2. Refunds, less \$25, will be made for cancellations received prior to that date.

AMERICANS WITH DISABILITIES ACT

Southern Regional AHEC and the CC/AACE are fully committed to the principle of equal educational opportunities for all individuals and do not discriminate on the basis of any characteristics protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to participate in this conference, please call Nancy Lowe at (919) 833-3836 no later than ten business days before the date of the activity.

QUESTIONS

If you have any questions or need assistance, contact the CC/AACE at (919) 833-3836 or nlowe@ncmedsoc.org.

FRIDAY, SEPTEMBER 9

- 3:30pm-6:00pm Registration
- 4:25pm-6:30pm Opening Session
- 4:25pm Welcome and Introductions (**Thomas O'Connell, MD, FACE**, President and Program Chair)
- 4:30pm The Artificial Pancreas Project (**Bruce Bode, MD, FACE**)
- 6:30pm Adjourn
- 6:30pm-8:00pm Reception / Networking Hub
- Dinner on your own.*

SATURDAY, SEPTEMBER 10

- 7:00am-12:00pm Registration
- 7:00am-7:50am Continental Breakfast / Networking Hub
- 7:50am-12:00pm Scientific Session 1
- 7:50am Welcome and Introductions (**Thomas O'Connell, MD, FACE**)
- 8:00am Update on Thyroid Cancer (**Kathleen Hands, MD, FACE, ECNU**)
- 8:45am Q&A
- 8:55am Male Infertility/Hypogonadism (**Jerry Marifke, MD, FACE**)
- 9:40am Q&A
- 9:50am Break / Networking Hub
- 10:30am Business Meeting (no credit will be awarded)
- 11:00am Vitamin D: How Much Is Enough & How Much Is Too Much? Implications for Skeletal and Non-skeletal Effects (**Sudhaker D. Rao, MBBS, FACP, FACE**)
- 11:45am Q&A
- 12:00pm Adjourn
- Lunch on your own.*
- 1:00pm Optional Golf Outing at Shipyard Golf Club (pre-registration required)
- Afternoon free for recreation of your choice.
- 6:30pm-9:30pm Buffet Dinner and Entertainment by Positive Vibration - Families Welcome!
- (pre-registration required)*

SUNDAY, SEPTEMBER 11

- 7:00am-11:00am Registration
- 7:00am-7:50am Continental Breakfast / Networking Hub
- 7:50am-12:00pm Scientific Session 2
- 7:50am Welcome and Introductions (**Thomas O'Connell, MD, FACE**)
- 8:00am Bariatric Surgery Update (**Hilary Blackwood, MSN, RN, ACNP-BC**)
- 8:45am Q&A
- 8:55am Pituitary Update (**Mary Lee Vance, MD**)
- 9:40am Q&A
- 9:50am Break / Networking Hub
- 10:20am Hyperlipidemia (**Robert Eckel, MD**)
- 11:00am Q&A
- 11:05am Endocrine Spells (**William Young, Jr., MD, MSc, ELS**)
- 11:50am Q&A
- 12:00pm Adjourn

FACULTY

Hilary Blackwood, MSN, RN, ACNP-BC
WakeMed Physician Practices
Cary, NC

Bruce Bode, MD, FACE
Atlanta Diabetes Associates
Atlanta, GA

Robert Eckel, MD
University of Colorado, Denver
Aurora, CO

Kathleen Hands, MD, FACE, ECNU
Thyroid Center of South Texas
San Antonio, TX

Jerry Marifke, MD, FACE
Prevea Health
Green Bay, WI

Sudhaker D. Rao, MBBS, FACP, FACE
Bone & Mineral Research Laboratory
Henry Ford Health System
Detroit, MI

Mary Lee Vance, MD
University of Virginia Health Sciences Center
Charlottesville, VA

William Young, Jr., MD, MSc, ELS
Mayo Clinic College of Medicine
Rochester, MN



SONESTA RESORT

SCHEDULE & FACULTY

2015-2016 CC/AACE LEADERSHIP

Thomas L. O'Connell, MD, FACE

President and Program Chair

Novant Health, Endocrinology

Durham, NC

Leonard S. Lichtenstein, MD, FACP, FACE

Past President

MUSC Medical Center

Charleston, SC

Orlin Sergev, MD, PhD, FACE

Vice-President/President-Elect

Equilibrium Endocrinology

Summerville, SC

Alan Skipper, CAE

Executive Director

Raleigh, NC

Michael J. Thomas, MD, PhD, FACE, ECNU

Secretary-Treasurer

Carolina Endocrine, PA

Raleigh, NC

HILTON HEAD ISLAND



REGISTRATION

September 9-11, 2016 ~ Sonesta Resort ~ Hilton Head Island, SC

Register securely online! <http://www.cvent.com/d/wfq556>

1. PERSONAL INFORMATION *(Please print.)*

Name: _____ Degree(s): _____

Preferred Name For Badge: _____ Last Four Digits of SSN *(required for CME)*: _____

Spouse/Guest, if attending: _____

Child(ren) Name(s) and Age(s), if attending: _____

Practice Name: _____

Address: _____

City/State/Zip: _____

Phone: () _____ Fax: () _____

E-mail: _____

Emergency Contact: _____ Phone: () _____

Accessibility Needs/Dietary Restrictions: _____

2. REGISTRATION FEES *(To qualify for member rate, 2016 dues must be current.)*

	<u>Prior to 8/10</u>	<u>After 8/10</u>
» Member Physician	\$200	\$250
» Non-Member Physician or PharmD	\$300	\$350
» Resident/Fellow/Medical Student	\$25	\$25
» Emeritus/Retired Member	\$125	\$125
» Allied Health Professional (PA/NP)	\$150	\$200

Handouts will be available for download online approximately one week prior to the meeting.

If you prefer to have a printed paper copy of the lecture handouts, you may purchase a paper syllabus for \$25;

☐ Check box to add a paper syllabus: \$25

➔ **Registration Fee Total** *(fee plus syllabus, if applicable)* \$ _____

3. ACTIVITIES *(Pre-registration required for all events; please indicate number attending.)*

- » Friday Evening Welcome Reception @ n/c _____
- » Saturday Golf at Shipyard Golf Club @ \$100 including box lunch per person _____
- » Saturday Dinner/Entertainment: Adults @ \$55 per person _____
Child(ren) 3-12 @ \$20 _____ Child(ren) under 3 @ n/c _____

➔ **Activity Fees Total** \$ _____

4. TOTAL FEES *(Total of sections 2-3; no refunds after Sept. 2)* ➔ \$ _____

☐ Enclosed is check # _____ for \$ _____ payable to CC/AACE or

☐ Credit Card Type: ☐ Visa ☐ MasterCard ☐ American Express

Name as it appears on Card: _____

Account #: _____

Exp. Date: _____ Security Code: _____

Billing Address: _____

Signature: _____

Register securely online, or send this form and payment to:
CC/AACE, PO Box 27167, Raleigh, NC 27611 / FAX: (919) 833-2023

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