

Educational Objectives

- ✓ Select patients who are appropriate candidates for chronic opioid pain management.
- ✓ Define risk factors for potential misuse or abuse of prescribed opioid medications, recognize the importance of consistent screening for risk prior to prescribing and outline a time efficient method of screening for risk.
- ✓ Follow an evidence-based protocol for starting patients on opioid analgesic therapy, including issues specific to safely initiating and titrating methadone.
- ✓ Take appropriate steps to monitor the use of opioids by the patient and to minimize the potential for opioid diversion, inappropriate use or abuse, including the use of therapeutic agreements and the judicious use of urine drug screening.
- ✓ Recognize aberrant drug taking behaviors related to opioid misuse or abuse; separating unintentional misuse, "pseudoaddiction" and "chemical coping" from "recreational misuse" or diversion.
- ✓ Outline an effective approach to clarify and intervene appropriately with aberrant drug-taking behaviors, including referral to specialized substance abuse treatment when indicated.

Continuing Medical Education Credits

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending. Evidence based credits are pending. Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA category 1 credit toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credits earned must be reported as Prescribed credits, not as category 1.

Syllabus

All participants will receive a complimentary syllabus — both hard copy and a CD ROM. The syllabus package will include a copy of the text, *Responsible Opioid Prescribing: A Physician's Guide*, by Scott M. Fishman, MD — a 2007 booklet of information and generally accepted practices, being distributed by the Federation of State Medical Boards on behalf of the North Carolina Medical Board.

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North Carolina Academy of Family Physicians
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Safe Prescribing of Opioids for Chronic Pain: Balancing Need and Risk

Dinner & Seminar Program

MAY 29, 2008 in Raleigh

JUNE 3, 2008 in Greensboro

Free to Attend!

Safe Prescribing of Opioids for Chronic Pain: Balancing Need and Risk

THURSDAY, MAY 29, 2008

Hilton North Raleigh
Raleigh, NC

or

TUESDAY, JUNE 3, 2008

Embassy Suites
Greensboro, NC

Dinner & Seminar Program

Free to Attend!

Sponsored by

The North Carolina Academy of Family Physicians

The iCARE Partnership

The Governor's Institute on Alcohol and
Substance Abuse

The North Carolina Division of Mental Health,
Developmental Disabilities and Substance
Abuse Services

The North Carolina Society of Addiction Medicine

With support from

Center for Substance Abuse Treatment, SAMHSA

Program Description

*Do you prescribe opioid medications?
If so, this program is for you.*

Each year, millions of patients are treated for a variety of serious medical conditions with prescription drugs whose therapeutic benefits are accompanied by psychoactive effects. Recent indicators reveal that the misuse and abuse of prescription drugs are rising, and we are faced with the challenge of minimizing the potential for misuse without impeding patients' access to needed medical care. This symposium will provide specific knowledge and skills associated with safe prescribing and will cover areas of epidemiology, legal and regulatory issues, as well as clinical strategies for managing difficult patient situations.

Who Should Attend

This program is designed for all clinicians practicing in primary care settings — physicians, nurse practitioners, physicians assistants and others — who prescribe opioid medications and who care for patients receiving opioid medications.

Faculty

- **JAMES FINCH, MD, COURSE DIRECTOR**
Medical Director, BAART Health Services; Private Practice of Addiction Medicine, Durham
- **J. PAUL MARTIN, MD, FAAFP, FASAM**
Private Practice, Asheville
- **VEERAINDAR GOLI, MD, MBA, DFAPA**
Associate Professor, Department of Psychiatry and Behavioral Sciences and Assistant Professor, Department of Anesthesiology, Duke University Medical Center in Durham, North Carolina. He is the Medical Director of Pain Evaluation and Treatment Services at the Duke Health Center.

Date and Location

Thursday, May 29, 2008, 5:30 pm to 9:15 pm

Hilton North Raleigh
3415 Wake Forest Road
Raleigh, NC 27609

Tuesday, June 3, 2008, 5:30 pm to 9:15 pm

Embassy Suites Hotel
204 Centreport Drive
Greensboro, NC 27409

SAFE PRESCRIBING OF OPIOIDS FOR CHRONIC PAIN: BALANCING NEED AND RISK

Dinner & Seminar Program
Free to Attend!

May 29 in RALEIGH: 5:30 pm to 9:15 pm
June 3 in GREENSBORO: 5:30 pm to 9:15 pm

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|----------------|--|
| 5:30 pm | Registration & Dinner |
| 6:00 pm | Introduction, Universal Precautions: Clinical Indications and Screening |
| 6:30 pm | Case Discussion |
| 6:45 pm | Rational Evidence Based Prescribing |
| 7:15 pm | Case Discussion |
| 7:30 pm | Break |
| 7:45 pm | Monitoring and Documentation |
| 8:15 pm | Case Discussion |
| 8:30 pm | Intervening in Response to Misuse or Abuse of Prescribed Opioids |
| 9:00 pm | Case Discussion |
| 9:15 pm | Adjourn |

QUESTIONS?

Contact the NCAFP Meetings Department at 919-833-2110.

REGISTRATION

Please type or print

Name _____
Licensure or Degree(s) _____

Organization _____

Badge Name _____ Credentials _____

Occupation _____

Address _____

City _____ State _____ Zip _____

Phone () _____

Email _____

Please print clearly. Your Registration Confirmation will be sent via email.

There is no fee for this dinner and seminar, but registration is required. A confirmation will be sent to you via email.

I would like to attend the seminar being held:

THURSDAY, MAY 29, 2008

Hilton North Raleigh
3415 Wake Forest Road
Raleigh, NC 27609

TUESDAY, JUNE 3, 2008

Embassy Suites Hotel
204 Centreport Drive
Greensboro, NC 27409

Fax to: 919-833-1801

Or

Mail to: NCAFP Meetings Department
P.O. Box 10278
Raleigh, NC 27605

