

Educational Objectives

1. **Recognize** community consequences of opioid abuse, addiction, and diversion. Identify what individual prescribers can do to prevent or reduce these problems.
2. **Select** patients who are appropriate for extended or chronic opioid pain management. Follow an evidence-based protocol when starting selected patients on addictive medications.
3. **Define** patient risk factors for potential misuse or abuse of prescribed opioid medications and document these consistently with an effective pre-prescribing screening protocol.
4. **Educate** patients about ways to optimize safety when taking, storing, and disposing of opioids.
5. **Take** appropriate steps to monitor the use of opioids by the patient and to minimize the potential for opioid diversion, inappropriate use or abuse, including use of therapeutic agreements and urine drug screening.
6. **Recognize** aberrant drug taking behaviors, including unintentional misuse, "pseudoaddiction," "chemical coping," "recreational misuse," true addiction, and simple diversion for profit.
7. **Integrate** investigation of clinical suspicion about opioid abuse into patient encounters. Learn how and why to query the NC Controlled Substance Reporting System and to integrate Screening, Brief Intervention, Referral and treatment (SBIRT) into your practice.
8. **Become** familiar with and use local and regional resources for treatment of opioid addiction.

Credit Statement: This activity has been reviewed and is acceptable for up to 3 Prescribed credits by the American Academy of Family Physicians. Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA category 1 credit towards the AMA Physician's Recognition Award.

The North Carolina Substance Abuse Professional Practices Board has approved this seminar for up to 3.0 hours of Substance Abuse Specific training credits (Approval number 09-462-S).

Accreditation: This activity has been planned and implemented by the Governor's Institute on Alcohol and Substance Abuse in accordance with the Essentials and Standards of the American Academy of Family Physicians. The American Academy of Family Physicians is accredited by the NCMS to provide continuing education for physicians.

Disclosure Statement: This program will comply with the ACCME Essentials and Standards regarding industry support of continuing medical education. Disclosure of faculty and commercial relationships will be made known at the activity. Speakers are expected to openly disclose a discussion of any off-label, experimental or investigational use of drugs or devices in their presentations.

Governor's Institute on Alcohol & Substance Abuse
1730 Varsity Drive, Suite 105
Raleigh, NC 27606



Safer Opioid Prescribing
*Dinner, CME and dialogue
with concerned professionals*
June 23, 2010

Wilson Medical Center
1705 Tarboro Street, SW
Wilson, NC 27893

Safer Opioid Prescribing



WEDNESDAY, JUNE 23, 2010
Wilson Medical Center Auditorium
1705 Tarboro Street, SW
Wilson, NC 27893

Dinner, CME and dialogue with
concerned professionals

Free to Attend!

Jointly Sponsored by:



Program Description

Each year, millions of patients are treated for a variety of serious medical conditions with prescription opioids. Recent indicators reveal that the misuse and abuse of prescription painkillers are rising dramatically, with serious medical and societal consequences. Prescribers are faced with the challenge of minimizing the potential for misuse without impeding patients' access to needed medical care. This course will provide specific knowledge and skills associated with safer opioid prescribing practices, and will cover related epidemiology, legal and regulatory issues, as well as clinical strategies to manage difficult patient presentations.

Who Should Attend

This program is designed for physicians, nurse practitioners, physician assistants, pharmacists, substance abuse counselors, and dentists. Seating is limited and early pre-registration is highly recommended.

Faculty

- **VEERAINDAR GOLI, MD**, Professor, Department of Psychiatry and Behavioral Sciences, Duke University Medical Center; Medical Director, Pain Evaluation and Treatment Services, Duke University Health Center; Durham, NC.
- **JAMES W. FINCH, MD**, President, NC Society of Addiction Medicine; Medical Director, Changes by Choice; Durham, NC.
- **WILLIAM D. BRONSON**, Manager of Drug Control Unit, NC Dept of HHS, Division of Mental Health, Developmental Disabilities, and Substance Abuse Services, Raleigh, NC.
- **GWEN SOLAN LITTMAN, MD**, Course Director, Safer Opioid Prescribing Initiative Training Coordinator, Governors' Institute on Alcohol & Substance Abuse; President, Lumina Wellness Inc., Beaufort, NC.



SAFER OPIOID PRESCRIBING

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Agenda

5:30 p.m.	Registration and Dinner
6:00	Introduction & overview of community concerns related to abuse of prescribed opioids.
6:15	"Universal precautions" & Rational Evidence Based opioid prescribing.
7:00	Using the NC Controlled Substance Reporting System as a prescribing tool.
7:30	Break
7:45	Teaching patients to use opioids safely.
8:00	Best practices for monitoring and documenting chronic opioid use.
8:20	Screening, intervening in response to misuse, abuse or addiction; use of local and regional referral and treatment resources.
8:45	Q & A. Discussions with faculty and professional community.
9:15	Adjournment.

QUESTIONS?

Contact: Tyler Vansteinburgh (919) 256-7411
Tyler.vansteinburgh@governorsinstitute.org

REGISTRATION

Please type or print

Name _____
Licensure or Degree(s) _____

Organization _____

Badge Name _____ Credentials _____

Occupation _____

Last 4 digits of Social Security number _ _ _ _

Address _____

City _____ State _____ Zip _____

Phone () _____

Email _____
Please print clearly. Your Registration Confirmation will be sent via email.

There is no fee for this dinner, seminar or CME credit. Pre-registration by mail or fax, prior to the day of the event, is required to guarantee a seat. Your confirmation will be sent to you by e-mail. Any remaining seats will be made available for walk-in registration on the day of the event.

Safer Opioid Prescribing

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FAX REGISTRATION TO: (919) 990-9518
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