

Educational Objectives

1. **Recognize** community consequences of opioid abuse, addiction, and diversion. Identify what individual prescribers can do to prevent or reduce these problems.
2. **Select** patients who are appropriate for extended or chronic opioid pain management. Follow an evidence-based protocol for starting selected patients on addictive medications.
3. **Define** patient risk factors for potential misuse or abuse of prescribed opioid medications and document these consistently with an effective pre-prescribing screening protocol .
4. **Educate** patients about ways to optimize safety when taking, storing, and disposing of opioids.
5. **Take** appropriate steps to monitor the use of opioids by the patient and to minimize the potential for opioid diversion, inappropriate use or abuse, including use of therapeutic agreements and urine drug screening.
6. **Recognize** aberrant drug taking behaviors, including unintentional misuse, "pseudoaddiction," "chemical coping," "recreational misuse, true addiction, and simple diversion for profit.
7. **Integrate** investigation of clinical suspicion about opioid abuse into patient encounters. Consider use of "motivational interviewing", querying of the NC Controlled Substances Reporting System, and/or use of the Screening, Brief Intervention, and Treatment (SBIRT) Referral system.
8. **Become** familiar with and use local and regional resources for treatment of opioid addiction.

Continuing Medical Education Credits Accreditation

Application for CME credit has been filed with the American Academy of Family Physicians, Determination of credit is pending. Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA category 1 credit toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credits earned must be reported as Prescribed credits, not as category 1.

Syllabus

All participants will receive a complimentary syllabus and guidebook for Local and Regional Substance Abuse treatment referrals.



Dare County Department of Public Health
New Horizons
PO Box 1000
Manteo, NC 27954

Safer Opioid Prescribing Dinner & CME Seminar Program

THURSDAY, MARCH 12, 2009

The Hilton Garden Inn
Kitty Hawk, NC

Safer Opioid Prescribing



THURSDAY, MARCH 12, 2009

**The Hilton Garden Inn
5353 N. Virginia Dare Trail
Kitty Hawk, NC**

Dinner & CME Seminar Program
Free to Attend!

Sponsored by:

Dare County Department of Public Health
New Horizons

The Governor's Institute on Alcohol and
Substance Abuse

Center for Substance Abuse Treatment;
SAMHSA

Program Description

Do you prescribe opioid medications?
If so, this program is for you.

Each year, millions of patients are treated for a variety of serious medical conditions with prescription drugs whose therapeutic benefits are accompanied by psychoactive effects. Recent indicators reveal that the misuse and abuse of prescription drugs are rising, and we are faced with the challenge of minimizing the potential for misuse without impeding patients' access to needed medical care. This symposium will provide specific knowledge and skills associated with safe prescribing and will cover areas of epidemiology, legal and regulatory issues, as well as clinical strategies for managing difficult patient situations.

Who Should Attend

This program is designed for physicians, pharmacists, nurse practitioners, physicians assistants, and dentists.

Faculty

- **VEERAINDAR GOLI, MD**, Associate Professor, Department of Psychiatry and Behavioral Sciences and Assistant Professor, Department of Anesthesiology, Duke University Medical Center; Medical Director, Pain Evaluation and Treatment Services, Duke Health Center; Durham, North Carolina.
- **JAMES W. FINCH, MD**, President, NC Society of Addiction Medicine, Medical Director, Changes by Choice; Medical Director, BAART Community Health Services, Durham, NC
- **WILLIAM D. BRONSON**, Manager of Drug Control Unit, NC Dept of HHS, Division of Mental Health, Developmental Disabilities, and Substance Abuse Services, Raleigh, NC
- **GWEN SOLAN LITTMAN, MD**, President, Lumina Wellness Inc., Chairman, Prescription Drug Abuse Prevention and Education Campaign, Carteret County Substance Abuse Task Force & Healthy Carolinians of Carteret County



SAFER OPIOID PRESCRIBING

Dinner & Seminar Program

Free to attend

THURSDAY, MARCH 12, 2009

The Hilton Garden Inn, Kitty Hawk, NC

5:30 p.m.	Registration and dinner
6:00	Introduction & overview of community concerns related to abuse of prescribed opioids.
6:15	"Universal precautions" & Rational Evidence Based opioid prescribing.
7:00	Using the NC Controlled Substance Reporting System when you suspect drug abuse.
7:15	Case Discussion.
7:30	Break
7:45	Teaching patients to use opioids safely.
8:00	Best practices for monitoring and documenting chronic opioid use.
8:20	Intervening in Response to Misuse, Abuse or addiction to Prescribed Opioids; SBIRT and use of local/regional treatment referral resources.
8:45	Case Discussion.
9:00	Panel discussion & Closing Comments.
9:15	Adjournment.

QUESTIONS?

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Sheila Davies

Email: sheilad@darenc.com

REGISTRATION

Please type or print

Name _____
Licensure or Degree(s)

Organization _____

Badge Name _____ Credentials _____

Occupation _____

Address _____

City _____ State _____ Zip _____

Phone () _____

Email _____
Please print clearly. Your Registration Confirmation will be sent via email.

There is no fee for this dinner and seminar, but registration is required. A confirmation will be sent to you via email.

Safer Opioid Prescribing

March 12, 2009

Dinner & Seminar

The Hilton Garden Inn

5353 N. Virginia Dare Trail

Kitty Hawk, NC

Fax to: 252-726-1939

Or

Mail to: Lumina Wellness

134 Tiffany Way

Beaufort, NC 28516

