

North Carolina Obstetrical & Gynecological Society  
The ACOG - North Carolina Section

# 2012 Annual Meeting



Embassy Suites Charlotte-Concord Golf Resort & Spa

April 20-22, 2012



## Concord, North Carolina

This activity is jointly sponsored by the American College of Obstetricians & Gynecologists.

# Overview

## Meeting Description and Objectives

This meeting is designed for practicing and academic obstetric and gynecological physicians, residents, mid-level providers and medical students, and will address common conditions and concerns related to women's health care.

At the conclusion of this educational activity participants should be able to:

- » Discuss advances in biology that may improve screening for ovarian cancer.
- » Recognize steps medical professionals can take to lower their tax liabilities.
- » Assess the utility of non-invasive modalities in the management of menorrhagia.
- » Compare the different perspectives and approaches of plaintiff and defense attorneys in medical malpractice actions.
- » Assess the impact of health care reform on clinicians in practice.
- » Evaluate contemporary approaches to the description of normal and abnormal labor.
- » Analyze the differing benefits of various techniques to stop post-operative hemorrhage.
- » Compare the different roles in benign gynecology between robotic surgery and older approaches.

## ACCME Accreditation

The American College of Obstetricians and Gynecologists is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

## AMA PRA Category 1 Credit(s)<sup>™</sup>

The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 12 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## College Cognate Credit(s)

The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 12 Category 1 College Cognate Credits. The College has a reciprocity agreement with the AMA that allows *AMA PRA Category 1 Credits*<sup>™</sup> to be equivalent to College Cognate Credits.

## Disclosure of Faculty and Industry Relationships

In accordance with College policy, all faculty and planning committee members have signed a conflict of interest statement in which they have disclosed any significant financial interests or other relationships with industry relative to topics they will discuss at this program. At the beginning of the program, faculty members are required to disclose any such

information to participants. Such disclosure allows you to evaluate better the objectivity of the information presented in lectures. Please report on your evaluation form any undisclosed conflict of interest you perceive. Thank you!

## Americans With Disabilities Act

The NCOGS is fully committed to the principle of equal educational opportunities for all individuals and does not discriminate based on any characteristics protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans With Disabilities Act in order to participate in this conference, please call (919) 833-3836 no later than ten business days before the date of the activity.

## Accommodations

The four-diamond rated Embassy Suites Charlotte-Concord Golf Resort and Spa is much more than an all-suite hotel! Resort features include the full-service Spa Botanica (call ahead for reservations), renowned Rocky River Grille, a coffee and espresso bar, indoor pool and fitness center. The resort overlooks the Dan Maples-designed Rocky River Golf Club. Spacious suites, all with private bedroom and separate living area, are fully equipped with wireless Internet access, wet bar, refrigerator and microwave. Rates include daily cooked-to-order breakfast (great for families!) and nightly cocktail reception. The group rate for the meeting is just \$159 per suite, plus taxes. **The cut-off date for reservations is March 19.** Please call the hotel directly at (704) 455-8200 or (800) EMBASSY to reserve your accommodations; refer to Group Code OBG. Or, you may make your reservations online at [http://embassysuites.hilton.com/en/es/groups/personalized/C/CLTCCES-OBG-20120419/index.jhtml?WT.mc\\_id=POG#hotel](http://embassysuites.hilton.com/en/es/groups/personalized/C/CLTCCES-OBG-20120419/index.jhtml?WT.mc_id=POG#hotel).

## Attire

Dress for the meeting and social events is business casual.



Embassy Suites Charlotte-Concord Golf Resort & Spa  
Photo courtesy of the Cabarrus CVB – [www.whereracinglives.com](http://www.whereracinglives.com).

# 2012 Annual Meeting

## Why Concord?

Centrally located just off I-85 north of Charlotte, Concord is close to numerous family-friendly attractions including the Charlotte Motor Speedway, Concord Mills Mall, NASCAR SpeedPark amusement park, NASCAR Hall of Fame, the NC Music Hall of Fame, and the US National Whitewater Center. Go to [www.whereracinglives.com](http://www.whereracinglives.com) for more information on planning your Concord weekend.

## Meeting Registration

Registration fees are noted on the attached form. These fees include all meeting sessions, the Friday evening reception for the participant and guests, the Saturday evening dinner for the participant, daily breaks and two continental breakfasts in the exhibit hall. The fee for guests for the Saturday evening dinner is \$65 per adult and \$20 per child aged 4-12. Registration fees for residents and students are waived; however, the Saturday dinner fee will apply for resident and student participants and their guests. **Early-bird registration rates end April 1.** You may **register securely online at [www.123signup.com/event?id=cbdhq](http://www.123signup.com/event?id=cbdhq)** or complete the form in this brochure and return it with payment. Refunds will not be made for cancellations received after April 7. Refunds, less \$25, will be made for cancellations received prior to that date.

## Questions?

Please call the NCOGS office at (919) 833-3836, or inquire by e-mail at [nlowe@ncmedsoc.org](mailto:nlowe@ncmedsoc.org).



Charlotte Motor Speedway  
Photo courtesy of the Cabarrus CVB - [www.whereracinglives.com](http://www.whereracinglives.com).

## NCOGS Executive Committee

**William R. Meyer, MD**  
President  
Raleigh, NC

**John R. Allbert, MD**  
Past President  
Charlotte, NC

**Harold C. Pollard, III, MD**  
Legislative Liaison  
Winston-Salem, NC

**Haywood L. Brown, MD**  
President-Elect  
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**Keith H. Nelson, MD**  
Member at Large  
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**Laura E. McCurdy, MD**  
ACOG Junior Fellows Section Chair  
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**James T. Al-Hussaini, MD**  
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 Mooresville, NC

**Brenda S. Peacock, MD**  
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**W. Alan Skipper**  
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**Mary B. Lane, MD**  
Immediate Past President  
Lumberton, NC

**John M. Thorp, Jr., MD, MPH**  
Annual Meeting Program Chair  
Chapel Hill, NC

# Events

## Activities

### Welcome Reception

A welcome reception will follow the Friday afternoon session. Come renew acquaintances and meet new colleagues while visiting with exhibitors.

### Saturday Buffet Dinner (casual attire)

This year, the Saturday evening dinner will be a casual, family-friendly event featuring a DJ who will involve the crowd in fun activities in addition to providing musical entertainment. The Distinguished Service Award will be presented at this time. Fees for this event are noted on the registration form.

### Optional Recreational Activities

A golf outing has been arranged on Saturday afternoon at the Rocky River Golf Club, ranked as one of the top 100 courses in the state, located adjacent to the resort. The fee is \$85 including green fee, cart fee, boxed lunch, beverages, and prizes.

Please go to [www.whereracinglives.com](http://www.whereracinglives.com) for information on the multitude of other activities available in the Concord area. To list just a few:

- Food Lion AutoFair at the Charlotte Motor Speedway: The world's largest automotive show will be in town April 19-22 featuring collector car auctions, a massive flea market and manufacturer midway, special exhibits, and a kids' zone. [www.CharlotteMotorSpeedway.com/tickets/food\\_lion\\_autofair\\_48060/](http://www.CharlotteMotorSpeedway.com/tickets/food_lion_autofair_48060/)
- NASCAR SpeedPark Amusement Park at Concord Mills: This family fun center boasts driving tracks, climbing wall, laser tag, bumper cars and boats, and an arcade. [www.nascarspeedpark.com](http://www.nascarspeedpark.com)
- Concord Mills Mall: The most popular tourist destination in the state! Featuring Bass Pro Shop, Brooks Brothers, Saks Off 5th, and much more. We will provide vouchers which can be redeemed for a coupon book for various stores. [www.simon.com/mall/default.aspx?ID=1239](http://www.simon.com/mall/default.aspx?ID=1239)
- NASCAR Hall of Fame: Built to honor the sport's history, its moments and its best drivers, the NASCAR Hall of Fame is a tribute to its passionate fans and offers a full-throttle experience. [www.nascarhall.com](http://www.nascarhall.com)
- US National Whitewater Center: Reservations are strongly recommended and day passes are available. Activities include whitewater rafting, zip lines, rock climbing, mountain biking, an adventure course, flatwater and whitewater kayaking, war canoes, stand-up paddle boarding and eco trekking. [www.usnwc.org](http://www.usnwc.org)
- The NC Music Hall of Fame: This museum recognizes, promotes and commemorates the musical heritage of the State of North Carolina. [www.northcarolinamusichalloffame.org](http://www.northcarolinamusichalloffame.org)

## Resident/Fellow Activities

As is the tradition, **resident paper presentations** will take place on Saturday morning. The presentations will be judged by a panel of ob/gyn physicians, and the winning paper presenter will receive a cash award.

Two activities have been planned specifically for residents and fellows. Back by popular demand, an informative **lunch program for residents** will take place on Saturday immediately following the scientific session. A panel of recent residency program graduates will share their experiences of their transition after residency. There is no fee for this luncheon, but pre-registration is required.

North Carolina practices and hospitals with vacancies are invited to send their job descriptions to [nlowe@ncmedsoc.org](mailto:nlowe@ncmedsoc.org) prior to the meeting; these **career opportunities** will be posted.

As a new feature, a **hands-on session for residents and fellows** will take place Saturday afternoon. This informative simulation skills session, **What Do You Really Know About Electrosurgery?** can accommodate a maximum of 20 participants. There is no fee for this session, but pre-registration is required.



Concord Mills Mall

Photo courtesy of the Cabarrus CVB – [www.whereracinglives.com](http://www.whereracinglives.com).

# Schedule

## Friday, April 20

- 11:00am-6:00pm Registration  
12:45pm-6:00pm Program  
12:45pm Welcome / Introductory Remarks  
*William R. Meyer, MD, President*  
*John M. Thorp, Jr., MD, MPH, Program Chair*  
1:00pm New Ovarian Cancer Tests: Beyond CA125  
*J. Matthew McDonald, MD, FACOG*  
1:40pm Stopping Intra- and Post-Operative Bleeding  
*J. Matthew McDonald, MD, FACOG*  
2:20pm-2:50pm Break / Visit Exhibits  
2:50pm Interventional Radiology in the Ob-Gyn Practice  
*Joseph M. Stavas, MD, MPH*  
3:30pm Improved Patient Care through Lawsuit Protection and Prevention for Ob-Gyns  
*Larry Oxenham*  
4:45pm Non-Invasive Approach to Heavy Menstrual Bleeding  
*Andrea S. Lukes, MD, MHSc, FACOG*  
5:25pm Legislative Update  
*David M. Barnes, Esq. and Chip Baggett*  
6:00pm Adjourn  
6:00pm-7:30pm Welcome Reception

## Saturday, April 21

- 7:00am-12:00pm Registration  
7:00am-8:00am Continental Breakfast / Visit Exhibits  
7:55am-12:00pm Program  
7:55am Welcome / Introductions  
*John M. Thorp, Jr., MD, MPH, Program Chair*  
8:00am "Anatomy and Physiology" of Medical Malpractice Defense Perspective - *Dan McLamb, Esq.*  
Plaintiff Perspective - *Elizabeth Kuniholm, Esq.*  
9:20am NCOGS/NC Section of ACOG Business Meeting  
*William Meyer, MD*  
9:50am-10:20am Break / Visit Exhibits  
10:20am Presidential Address: "Reminiscences"  
*Robert Bashford, MD*  
Resident Paper Presentations:  
10:50am Predictors of Delivery Mode with Prolonged Labor Induction  
*Louise L. Highley, MD, MSPH (Duke)*  
11:02am Doppler Visualization of Ovarian Veins after Cesarean Delivery - A Prospective Look  
*Katie Collins, DO (ECU/Brody)*

## Saturday, April 21 (continued)

- 11:14am A Prospective Study of Adolescent Mothers & Postpartum Depression: Examining the Risk  
*Nell P. Johnson, MD (UNC)*  
11:26am Use of a Birth Simulator to Assess Force at Delivery  
*Erin Stover, MD (Carolinas Medical Center)*  
11:38am Perceptions of Behavioral Interviewing  
*Ben Gardner, MD (MAHEC)*  
11:50am Questions and Answers  
12:00pm Adjourn  
12:00pm-1:30pm Resident Luncheon/Program  
1:30pm Golf Outing at Rocky River Golf Club  
Other Recreational Activities of your Choice  
1:45pm-2:45pm What Do You Really Know About Electrosurgery? A hands-on simulation skills session for residents and fellows  
6:30pm-10:00pm Buffet Dinner / Entertainment (casual attire)  
Families Welcome!

## Sunday, April 22

- 7:00am-10:30am Registration  
7:00am-8:00am Continental Breakfast / Visit Exhibits  
7:55am-12:00pm Program  
7:55am Welcome / Introductions  
*John M. Thorp, Jr., MD, MPH, Program Chair*  
8:00am Health Reform: Implications for Ob-Gyns  
*Donald H. Taylor, Jr., MPH, PhD*  
8:40am Is the Friedman Curve Obsolete?  
*S. Katherine Laughon, MD, MS*  
9:20am-9:50am Break / Visit Exhibits  
9:50am Mothers, Babies, and Addiction  
*Carl J. Seashore, MD and*  
*John M. Thorp, Jr., MD, MPH*  
10:30am Osteoporosis: Help Keep the Hip Bone Connected to the Thigh Bone. When to Screen, When to Treat and When to Counsel  
*Michael D. Evers, MD*  
11:10am Robotic Gynecologic Surgery: Is It Really Good for Our Patients?  
*R. Wendel Naumann, MD, FACOG, FACS*  
11:50am Presentation of Resident Paper Awards  
Closing Remarks  
12:00pm Adjourn

## Distinguished Service Award

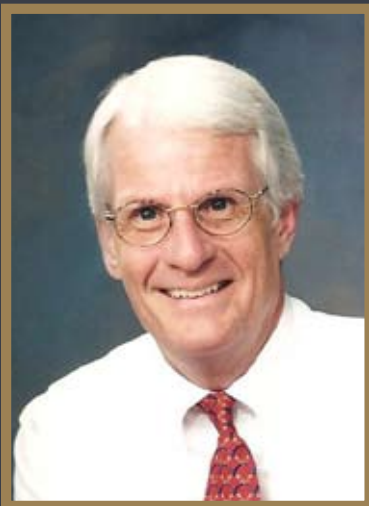
The North Carolina Obstetrical and Gynecological Society is pleased to recognize its 2012 Distinguished Service Award recipient during the dinner on Saturday evening. **Margaret “Maggie” Harper, MD, MSc**, will be honored for her years of dedicated service in the area of clinical perinatal research. Dr. Harper earned her MD from the University of North Carolina at Chapel Hill and her MSc in Health Services Research from Wake Forest University. She has been actively involved in the epidemiological investigation of pregnancy-associated mortality both internationally and within the state of North Carolina with funding by the Centers for Disease Control. From 2001-2003, she functioned as the alternate principal investigator and from 2003-2006 as the principal investigator for Wake Forest University within the NICHD

Maternal-Fetal Medicine Units Network. She has been involved in multicenter randomized controlled trials of perinatal interventions as well as observational studies within the Network and served as principal investigator for the randomized trial of omega-3 fatty acids for the prevention of preterm birth. She served as the PI for the contract with Tulane University School of Public Health and Tropical Medicine for the NIH-sponsored Fogarty grant to train clinical investigators for Latin American countries. She served as one of four chairs of the Institutional Review Board of Wake Forest University Health Sciences, 2006-2008. She is member of the advisory board for the NICHD Maternal Fetal Medicine Units Network, and since 1992 has served as Chair of the North Carolina Pregnancy-Related Mortality Review Committee. In 2010, Dr. Harper was recognized with the Award of Research Excellence from the Society for Maternal-Fetal Medicine.



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## Presidential Speaker



The North Carolina Obstetrical and Gynecological Society is pleased to present its 2012 Presidential Speaker, **Robert Bashford, MD**, Professor of Psychiatry, Professor of Obstetrics and Gynecology, and Associate Dean of Student Affairs, UNC School of Medicine. Dr. Bashford earned his undergraduate degree in Pre-Medicine from North Carolina State University and his MD from the University of North Carolina at Chapel Hill. He completed his residencies in both OB-GYN and Psychiatry and his fellowship in Child Psychiatry at the North Carolina Memorial Hospital, now known as UNC Hospitals. Dr. Bashford continues to teach residents in Psychiatry and Obstetrics and Gynecology, and is Co-Director of the annual Neurosciences Course for second-year medical students. In addition, he maintains a busy private clinical practice in Psychiatry. Dr. Bashford also sees child psychiatry patients at the UNC Mental Health Specialists practice in Chapel Hill. He will share his “Reminiscences” on Saturday morning, April 21.

# Meeting Registraton

2012 NC Obstetrical & Gynecological Society and the ACOG - NC Section Annual Meeting

Register securely online at [www.123signup.com/event?id=cbdhq](http://www.123signup.com/event?id=cbdhq)

Name: \_\_\_\_\_ Degree(s): \_\_\_\_\_ ACOG #: \_\_\_\_\_

Practice Name: \_\_\_\_\_ Specialty: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ First Name for Badge: \_\_\_\_\_

E-mail: \_\_\_\_\_

Spouse/Guest Name, if attending: \_\_\_\_\_

Child(ren) Name(s) and Age(s), if attending: \_\_\_\_\_

Dietary Restrictions / Accessibility Needs: \_\_\_\_\_

Emergency Contact Name and Cell Phone: \_\_\_\_\_

## 1) Meeting Registration:

	Prior to April 1	After April 1
___ Member Physician (2012 dues must be current)	@ \$275	@ \$325
___ Non-Member Physician *	@ \$475	@ \$525
___ Emeritus/Retired Physician	@ \$200	@ \$225
___ Allied Health Professional	@ \$125	@ \$150
___ Resident or Medical Student	@ \$-0-	@ \$-0-

\_\_\_ \* Apply the non-member fee difference towards my new NCOGS membership so I will qualify for the Member Rate in the future.

Total Registration Fees: \$ \_\_\_\_\_  
(add to activity fees below)

## 2) Optional Activities: Please indicate number, including yourself, planning to participate in the following.

___ Friday Welcome Reception	@ \$-0-	
___ Saturday Residents Lunch Forum	@ \$-0-	
___ Saturday Electrosurgery Simulation Skills Session	@ \$-0-	(for residents and fellows; maximum registration 20)
___ Saturday Golf Outing at Rocky River Golf Club (golf fee includes boxed lunch, beverages and prizes)	@ \$85	Preferred pairing: _____ _____ _____

Saturday Dinner: ___ Registered MD/Allied Health Professional	@ \$-0-	
___ Resident/Student	@ \$65	
___ Spouse/Adult Guest(s)	@ \$65	Total Activity Fees: \$ _____
___ Child(ren) 4-12 @ \$20 ___ Child(ren) under 4 @ n/c		TOTAL Sections 1 & 2: \$ _____

Charge my Visa \_\_\_ MasterCard \_\_\_ - OR - Enclosed is check # \_\_\_\_\_ for \$ \_\_\_\_\_ payable to NCOGS.

Name as it appears on Credit Card: \_\_\_\_\_

Account #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. Date: \_\_\_\_\_ 3-Digit Code on back of card: \_\_\_\_\_

Billing Address and Zip Code if different from above: \_\_\_\_\_

NC Obstetrical and Gynecological Society  
PO Box 27167  
Raleigh, NC 27611

Registration  
materials  
enclosed.

Register early  
and save!