This continuing medical education activity is sponsored by the American College of Physicians
Activity Description and Target Audience
This meeting is designed for general internists, subspecialty internists, family physicians, fellows in subspecialty training, allied health practitioners, residents, and medical students interested in internal medicine. The purpose is to improve diagnosis and treatment skills and provide updates on new developments in the health care climate in North Carolina.

Educational Objectives
At the conclusion of this educational activity, participants should be able to:
• Apply updated knowledge of internal medicine to clinical practice;
• Apply updated knowledge of rheumatology, cardiology, oncology, tick borne illness, and pre-op medical management to clinical practice;
• Understand recent advances in back pain management and anticoagulation monitoring;
• Diagnose and manage peripheral vascular disease and fatty liver disease;
• Assess pharmaceutical treatment options for diabetes.

Accreditation
The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit
The American College of Physicians designates this educational activity for a maximum of 11.5 AMA PRA Category 1 Credit(s)™. Physicians should claim credit commensurate with the extent of their participation in the activity.

Disclosure
The American College of Physicians adheres to ACCME Essential Areas and policies regarding industry support of continuing medical education. Commercial support for the program and faculty relationships within the industry will be disclosed at the activity. Speakers will also state when off-label or experimental drugs or devices are incorporated in their presentations.

Americans with Disabilities Act
The NC/ACP is fully committed to the principle of equal educational opportunities for all individuals and does not discriminate on the basis of any characteristics protected by federal or state law. If you require any of the auxiliary aids or services identifies in the Americans with Disabilities Act in order to participate in this conference, please call the NC/ACP at (919) 833-3836 no later than ten business days before the date of the activity.
MEETING HIGHLIGHTS
Program Chair Sabina Lee, MD, FACP, has assembled an outstanding faculty who will address current topics of interest, and in a new feature, participants will have their choice of two clinical skills sessions in addition to the lectures. Other meeting features for your enjoyment include the Associates Poster Competition (go to http://www.acponline.org/about_acp/chapters/nc/abstract_11.htm for details); the Governor’s Awards Dinner, at which this year’s Laureate Award winner will be recognized; the Associates’ Cocktail Hour; special interest group breakfasts; chief resident presentations; the Chapter business meeting; and the Chapter Town Hall Meeting during lunch. Finally, an exhibit area will be available presenting products and services of interest to physicians. The attire is business casual for the meeting and social events.

MEETING REGISTRATION
The registration fee for this meeting is $250 for ACP member physicians, $350 for non-member physicians, and $125-$150 for allied health professionals. Residents and medical students may attend free of charge. Registration fees include the two days of meeting sessions, the Friday evening reception, continental breakfast, lunch and breaks. You may register securely online at https://www.123signup.com/event?id=vqysg, or complete the form in this brochure and return it via fax or mail prior to Monday, January 10. After January 10, registration fees will increase.

DEADLINE / REGISTRATION CANCELLATION
Please note that refunds of registration fees will not be made after Thursday, January 20. Refunds, less $25, will be made for cancellations received prior to that date.

ACCOMMODATIONS
The Washington Duke Inn and Golf Club has set aside a block of rooms for this meeting in the name of NC/ACP; however, these rooms will not be held beyond December 20, so you are urged to make your reservation promptly. The rate is $174 per room, per night, plus 13.75% taxes. To make your hotel reservations, call the Washington Duke Inn at (800) 443-3853 or go to https://reservations.ihotelier.com/crs/g_reservation.cfm?groupID=314351&hotelID=11999.

QUESTIONS
If you have any questions about the 2011 Scientific Session, or need assistance, please contact the NC/ACP office at (919) 833-3836 or (800) 722-1350, or nlowe@ncmedsoc.org.

Here’s what your colleagues said about the 2010 Scientific Session:

“Wonderful experience. I met residents from different internal medicine residency programs across NC and had the opportunity for networking. Outstanding lectures by faculty. I will definitely attend the next meeting.” -- Shahab Moossavi, MD, Wake Forest University Baptist Medical Center

“It was an absolutely outstanding meeting. I particularly like the half hour clinic update sessions. I learned a lot that I could bring back to help me care for my patients. I attend this meeting every year without fail and plan to do so in the future.” -- Stephen C. Beuttel, MD, MACP, Medical Director, Winston-Salem OPC
2011 SCIENTIFIC SESSION
SCHEDULE

FRIDAY, JANUARY 28
12:00pm Registration
12:45pm-5:00pm Scientific Session
12:45pm Welcome
   Byron Hoffman, MD, FACP, Governor
   Sabina Lee, MD, FACP, Program Chair
1:00pm Rheumatology Update
   Rex McCallum, MD, FACP
1:45pm Back Pain Management in 2011
   Billy K. Huh, MD, PhD
2:15pm Nonalcoholic Fatty Liver Disease: Evaluation and Treatment
   Manal F. Abdelmalek, MD, MPH
3:00pm Break - Visit Exhibits
3:30pm Update on Outpatient Anticoagulation Management
   Kathleen Waite, MD
4:15pm Innovations in Diabetes Management
   Scott Joy, MD, FACP
5:00pm Adjourn
5:00pm-7:15pm Governor’s Reception and Associates’ Poster Session
7:15pm-9:30pm Governor’s Dinner (pre-registration required)
Recognition of New Fellows and Masters
Laureate Award Presentation
Dinner Presentation:
   Confronting Obesity: Do Ask, Do Tell
   Howard Eisenson, MD
9:30pm-10:30pm Associates’ Cocktail Hour (pre-registration required)

SATURDAY, JANUARY 29
7:00am Registration
7:00am-8:00am General Continental Breakfast - Visit Exhibits
7:00am-8:00am Special Interest Group Breakfast Roundtables
   1. Associates (Juliessa Pavon, MD, Moderator)
   2. Cultural Diversity and Disparities (Shuvendu Sen, MD, Moderator)
   3. Mentoring to Fellowship (Tim Lane, MD, FACP, Moderator)
   4. Volunteering in Medicine (Susan Blackford, MD, Moderator)
   5. Women in Internal Medicine (Nancy Henley, MD, FACP, Moderator)
7:00am-9:00am Spouses and Children’s Breakfast (pre-registration required)
8:00am-5:30pm **Scientific Session**

8:00am **Chief Resident Presentations:**
- Musculoskeletal Complications of Diabetes Mellitus
  - Krista Fajman, MD
- Transplantation Gone Awry
  - Katherine Gettys, MD
- Idiopathic Primary Hypoparathyroidism Presenting as Adult Onset Seizure, Carpopedal Spasm and Severe Hypocalcemia in a Graduate Piano Student
  - Elizabeth Golding, DO
- B-Complex Vitamin Deficiency: A Curious Complication of Bariatric Surgery
  - Brian Griffith, MD
- Multiple Cerebral Lesions in an Immunocompromised Patient
  - Luke Kohan, MD

Stump the Professor
- Alexa Meara, MD

Homeopathic Medicine and Pet Ownership, a Cautionary Tale
- Diana Pallin, MD

10:00am Break - Visit Exhibits

10:30am **Integrative Oncology**
- Sharon Taylor, MD

11:10am **Clinical Skills Sessions**
1. Back Exam for Acute Back Pain
   - Billy Huh, MD, PhD
2. Knee Exam
   - Rex McCallum, MD, FACP

12:10pm-12:30pm **NC Chapter Business Meeting (members only)**
- Byron Hoffman, MD, FACP, Governor

12:30pm-1:30pm **Lunch and Town Hall Meeting (pre-registration required)**
1:30pm Working in Teams: NP/MD Collaboration
- Wm. Michael Scott, MSN, FNP-BC
2:05pm Pre-operative Evaluation and Care: What’s New and What’s Review?
- Dawn Brezina, MD
2:45pm Break - Visit Exhibits
3:05pm Evaluation and Management of the Patient with Peripheral Vascular Disease: Focus on Claudication with Case Studies
- Lawrence Crawford, MD
3:45pm Tick Borne Illness in North Carolina
- Tim Lane, MD, FACP

4:25pm **Clinical Skills Sessions**
1. Experience Stress Reduction
   - Jeff Brantley, MD, DFAPA
2. Medical Applications of Self-Hypnosis
   - Holly Forester-Miller, PhD, LPC, NCC

5:15pm Discussion and Wrap Up
5:30pm Adjourn
Program Faculty
Sabina Lee, MD, FACP (Duke) - Program Chair
Manal Abdelmalek, MD, MPH
Duke
Jeff Brantley, MD, DFAPA
Duke
Dawn Brezina, MD
Duke/Durham Regional
Lawrence Crawford, MD
Duke
Howard Eisenson, MD
Duke Diet and Fitness Center
Holly Forester-Miller, PhD, LPC, NCC
Wellness Consultants International, PLLC and Medical Hypnosis Foundation
Billy Huh, MD, PhD
Duke
Scott Joy, MD, FACP
Duke
Tim Lane, MD, FACP
Moses Cone
Rex McCallum, MD, FACP
University of Texas Medical Branch at Galveston
Wm. Michael Scott, MSN, FNP-BC
Duke School of Nursing
Sharon Taylor, MD
Duke Oncology/Duke Raleigh
Kathleen Waite, MD
Duke

Chief Resident Presenters
Krista Fajman, MD
University of North Carolina School of Medicine
Katherine Gettys, MD
Carolinas Medical Center
Elizabeth Golding, DO
Moses Cone Hospital
Brian Griffith, MD
Duke University Medical Center
Luke Kohan, MD
Wake Forest University Baptist School of Medicine
Alexa Meara, MD
Brody School of Medicine at East Carolina University
Diana Pallin, MD
Southeast Area Health Education Center
Name_______________________________________________________________Degree(s)___________________________
Address__________________________________________________________________________________________________
City/State/Zip____________________________________________________________________________________________
Daytime Phone__________________________________________________________________________________________
Fax_______________________________________________ E-mail_________________________________________________
Emergency Contact Name_________________________________Phone________________________________________
Dietary Restrictions / Accessibility Needs___________________________________________________________________

1. Registration - Check one category that best applies.
ACP Categories Prior to 1/10 After 1/10
☐ Master/Fellow/Member $250 $300
☐ Associate (Resident) Member $0 $0
☐ Medical Student Member $0 $0
☐ Affiliate Member (Allied Health Professional) $125 $175

Non-ACP Categories
☐ Nonmember Physician $350 $400
☐ Nonmember Resident/Medical Student $0 $0
☐ Nonmember Allied Health Professional $150 $200

2. Activities - Pre-registration required for catering and seating purposes; check all that apply.
Friday activities included in registration fee:
☐ Governor’s Reception: Number attending ________
☐ Associates’ Cocktail Hour: Number attending _______

Governor’s Awards Dinner - Fees as noted.
☐ Physician/Allied Health Professional ($75)
☐ Spouse/Adult Guest of Physician/Allied Health Professional ($75) Name: _____________________________
☐ Associate (Resident)/Medical Student ($25)
☐ Spouse/Guest of Associate (Resident)/Medical Student ($25) Name: _____________________________

Saturday activities included in registration fee:
Breakfasts (participants select only one)
☐ Associates Roundtable Breakfast
☐ Cultural Diversity and Disparities Roundtable Breakfast
☐ Mentoring to Fellowship Roundtable Breakfast

Volunteering in Medicine Roundtable Breakfast
Women in Internal Medicine Roundtable Breakfast
General Continental Breakfast

Number attending the Spouse/Guest/Children’s Breakfast: ___ adults / ___ children, ages of children: ____________

Clinical Skills Workshops (select one from each set)
11:10-12:10 ☐ Back Exam for Acute Back Pain 4:25-5:15 ☐ Experience Stress Reduction
or ☐ Knee Exam or ☐ Medical Applications of Self-Hypnosis

Lunch
☐ Lunch/Town Hall Meeting

TOTAL FEES: $_________ No refunds after January 20.

Enclosed is check # ___________ for $ _____________ payable to NC/ACP, or ☐ Visa ☐ MasterCard
Name as it appears on Credit Card _________________________________________________________________
Account # ____________-__________-__________-__________ Security Code _________ Exp Date ______/________
Billing Address _______________________________________________________________________________________
City/State/Zip _______________________________________________________________________________________

Please register online, or mail or fax this form to:
NC/ACP, PO Box 27167, Raleigh, NC 27611
FAX (919) 833-2023
IMPORTANT! REGISTRATION INFORMATION

North Carolina Chapter 2011 Scientific Session
January 28-29, 2011
Washington Duke Inn & Golf Club
Durham, North Carolina