



NORTH CAROLINA OBSTETRICAL AND  
GYNECOLOGICAL SOCIETY

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THE ACOG - NORTH CAROLINA SECTION

# 2010 ANNUAL MEETING

APRIL 23-25, 2010

GRANDOVER RESORT • GREENSBORO, NORTH CAROLINA

THIS ACTIVITY IS JOINTLY SPONSORED BY THE AMERICAN COLLEGE OF OBSTETRICIANS & GYNECOLOGISTS

# 2010 ANNUAL MEETING

## Meeting Description and Objectives

This meeting is designed for practicing and academic obstetric and gynecological physicians, residents and medical students, and will address common conditions and concerns related to women's health care.

At the conclusion of this educational activity participants should be able to:

- Discuss the complications and outcomes of pre-term neonates in NC and factors implicated in improved outcomes.
- Discuss cord blood banking and the implications of public and private banking, and use of cord blood for treatment of various conditions.
- Discuss factors relevant to egg quality in improving chances of conception in the infertile woman.
- Discuss adult risk associated with diabetes in pregnancy.
- Apply sexual counseling and sexual health to daily practice in gynecology.
- Apply quality improvement in obstetrics practice to ensure a safer labor and delivery.
- Evaluate indications for and benefits of 3-D ultrasound in obstetrics and gynecology.
- Discuss conservative management for severe preeclampsia and outcome implications.
- Evaluate the use of bio-identical hormonal treatment in the menopausal woman.
- Apply current principles of cervical cancer screening to practice.
- Interpret current trends in maternal mortality in NC.

## ACCME Accreditation

The American College of Obstetricians and Gynecologists is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

## AMA PRA Category 1 Credit(s)<sup>™</sup> or College Cognate Credit(s)

The American College of Obstetricians and Gynecologists designates this educational activity for a maximum of 10.50 AMA PRA Category 1 credits<sup>™</sup> or up to a maximum of 10.50 Category 1 College Cognate Credits. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## Disclosure

The NCOGS adheres to ACCME Essential Areas and policies regarding industry support of continuing medical education. Commercial support for the program and faculty relationships within the industry will be disclosed at the activity. Speakers will also state when off-label or experimental use of drugs or devices is incorporated in their presentations.

## Americans With Disabilities Act

The NCOGS is fully committed to the principle of equal educational opportunities for all individuals and does not discriminate based on any characteristics protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans With Disabilities Act in order to participate in this conference, please call Nancy Lowe at NCOGS no later than ten business days before the date of the activity.

## Meeting Features

The **educational program** for the 2010 Annual Meeting will include three half-day **CME sessions**. The meeting will also include several activities beyond the scientific sessions for your enjoyment. The **exhibit hall** will again complement the educational component of the meeting and provide you information on products and services that will be of interest. The Friday evening **welcome reception** will provide an opportunity to renew acquaintances and meet new colleagues.

Saturday will include a **continental breakfast** for spouses, children and guests, a **lunch program/job fair for residents**, and **golf and tennis outings**. Golf fees are \$110 including boxed lunch, and tennis fees are \$25 including beverages. The Saturday night **reception and banquet** will highlight the day, including special recognitions, and will conclude with dancing to the music of **Black and Blue**.

## Meeting Registration

The registration fees are noted on the attached form. These fees include all meeting sessions, the Friday evening reception for the participant and guests, the Saturday evening reception and dinner for the participant, daily breaks and two continental breakfasts. The fee for guests for the Saturday evening reception and dinner is \$65 per adult. There is no fee for the Saturday morning spouse/guest continental breakfast. There is no registration fee for residents or students; however, the \$65 banquet fee will apply. *Early-bird rates end April 1.* You may **register securely online** at [www.123signup.com/event?id=mxdqk](http://www.123signup.com/event?id=mxdqk), or complete the form in this brochure and return it with payment prior to **April 12**. Refunds will not be made for cancellations received after April 15. Refunds, less \$25, will be made for cancellations received prior to that date.

## Location/Accommodations

The 2010 Annual Meeting will be held at the Grandover Resort in Greensboro, NC. Built in the European style, the resort is nestled among 1,500 acres of oak, pine and dogwood covered hills. The resort features two 18-hole championship golf courses, a world-class spa (call ahead for reservations), tennis and racquetball courts, fitness center, and an indoor/outdoor pool.

Room rates for the meeting are \$179 single or double occupancy, plus taxes. **The cut-off date for reservations is March 22.** Please call the Grandover Resort directly at (800) 472-6301 or (336) 294-1800 to reserve your accommodations.

## Attire

Dress for the meeting is business casual. Cocktail attire is suggested for the Saturday evening banquet.

## Questions?

If you have any questions about the 2010 Annual Meeting, or need assistance, please call the NCOGS office at (919) 833-3836, or inquire by e-mail at [nlowe@ncmedsoc.org](mailto:nlowe@ncmedsoc.org).

# SOCIAL EVENTS

Preregistration is required for all events.

## Welcome Reception

A welcome reception will be held Friday evening from 5:00pm until 6:30pm. Come renew acquaintances and meet new colleagues.

## Spouse/Guest/Children's Breakfast

On Saturday morning, a continental breakfast will be offered for spouses, guests and children of all meeting attendees. There is no fee for this event.

## Awards Dinner (cocktail attire)

Highlighting the weekend will be the Saturday evening banquet, which promises to be an exciting event with special recognitions. Bring your dancing shoes: Musical entertainment during and after dinner will be provided by *Black and Blue*, one of the most versatile groups on the music circuit today. From Golden Oldies to current Top 40, this talented group of eight musicians has delighted audiences for almost twenty years. Fees for this event are noted on the registration form.

## Optional Recreational Activities

As is the tradition, arrangements have been made for golf and tennis on Saturday afternoon.

**Golf** will be at the Grandover Resort's East Course (metal spikes not permitted), designed by David Graham, winner of the US Open and PGA Championship, and Gary Panks. The course takes full advantage of the rolling, forested terrain of the Piedmont region. The fee is \$110 including green fee, cart fee, range balls, boxed lunch, and prizes.

A round robin format **tennis** outing has been arranged at the Grandover Resort. The fee is \$25 including beverages; prizes will be awarded.

## Residents Luncheon/Job Fair

An informative lunch program for residents is planned for Saturday immediately following the scientific session. Employment opportunities in North Carolina will be highlighted.

## DISTINGUISHED SERVICE AWARD

The North Carolina Obstetrical and Gynecological Society is pleased to recognize its **2010 Distinguished Service Award Recipient** during the banquet on Saturday evening. **W. Allen "Al" Addison, MD, FACOG** is the Walter L. Thomas Professor Emeritus of Obstetrics and Gynecology at Duke University School of Medicine. In a Duke career spanning nearly three decades, Dr. Addison's clinical research focused on pelvic surgery and reconstruction, pelvic infection, and hormone replacement therapy. His surgical series on vaginal vault prolapse was the largest in the U.S. He authored more than 70 journals and chapters and was the recipient of the Duke School of Medicine Annual Award for Excellence in Residency Education.



W. Allen Addison, MD, FACOG

## PRESIDENTIAL SPEAKER



Alfred Z. Abuhamad, MD

The North Carolina Obstetrical and Gynecological Society is pleased to present its **2010 Presidential Speaker, Alfred Z. Abuhamad, MD**, Mason C. Andrews Professor and Chairman, Department of Obstetrics and Gynecology and Associate Dean for Clinical Affairs at the Eastern Virginia Medical School. Dr. Abuhamad is known internationally for his expertise in obstetrical ultrasound and prenatal diagnosis. He was recognized in *Women's Health Magazine* as one of four of America's Top Doctors for Women in Obstetrics and Gynecology for the southern region of the United States. Dr. Abuhamad serves as interim President and on the Board of Governors for the American Institute of Ultrasound in Medicine, and is a member of the Board for the International Society of Ultrasound in Obstetrics and Gynecology and the Society of Maternal-Fetal Medicine.

# PROGRAM SCHEDULE

## Friday, April 23

11:00am-5:00pm	Registration
12:45pm-5:00pm	<b>Program</b>
12:45pm	Welcome / Introductory Remarks <i>John R. Allbert, MD, President</i> <i>Haywood L. Brown, MD, Program Chair</i>
1:00pm	Update on Neonatal Outcomes in North Carolina and the Neonatal Network <i>C. Michael Cotten, MD</i>
1:40pm	Update on Umbilical Cord Blood Banking and Treatment Indications <i>Joanne Kurtzberg, MD</i>
2:20pm	Safer Opioid Prescribing in Obstetrics and Gynecology <i>Gary Leonhardt, MD, DFAPA</i>
3:00pm-3:30pm	Break / Visit Exhibits
3:30pm	Love Life Boot Camp: A Sexual Dysfunction Presentation <i>Maureen Whelihan, MD</i>
4:10pm	Legislative Advocacy Update <i>Chip Baggett (NC Medical Society)</i> <i>David Barnes, JD (Poyner &amp; Spruill)</i>
4:50pm	Questions and Answers
5:00pm	Adjourn
5:00pm-6:30pm	Reception

## Saturday, April 24

7:00am-12:00pm	Registration
7:00am-8:00am	Continental Breakfast / Visit Exhibits
7:30am-9:00am	Spouse/Guest/Children's Breakfast
7:50am-12:00pm	<b>Program</b>
7:50am	Welcome / Introductions <i>Haywood L. Brown, MD, Program Chair</i>
8:00am	Presidential Address: "Obstetrical Care Quality Improvement" <i>Alfred Z. Abuhamad, MD</i>
9:00am	NCOGS Business Meeting
9:30am-10:00am	Break / Visit Exhibits
10:00am	Application of 3-D Ultrasound in Ob-Gyn <i>Alfred Z. Abuhamad, MD</i>

### Resident Paper Presentations:

10:50am	Low Maternal Antimullerian Hormone Levels Are Not Associated with Fetal Aneuploidy <i>Carmen Beamon, MD, MPH (UNC)</i>
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## Saturday, April 24 (continued)

10:58am	Weight Gain in Obese Gravidas: Outside the New IOM Guidelines <i>Josephine Huffman, MD (Wake Forest)</i>
11:06am	Robotic Assisted Laparoscopic Myomectomy: Perioperative and Fertility Outcome <i>Lauren Johnson, MD (Duke)</i>
11:14am	Extratubular Secondary Trophoblastic Implants <i>Cynthia Lawton, MD (ECU/Brody)</i>
11:22am	Sexual Absorption of Vaginal Progesterone <i>Kris Leake, MD (Carolinas Medical Center)</i>
11:30am	Differentiation of Mesothelioma from Ovarian Cancer <i>Wilfredo Negron, MD (SEAHEC)</i>
11:38am	A System for the Validation of Labor Induction Rate as an Obstetric Quality Indicator <i>Margaret Sullivan, MD, MPH (MAHEC)</i>
11:46am	Questions and Answers/Remarks <i>Haywood Brown, MD</i>
12:00pm	Adjourn
12:00pm	Resident Luncheon/Program/Job Fair
1:30pm	Golf Outing
2:00pm	Tennis Outing
6:30pm-11:00pm	Reception / Dinner / Entertainment

## Sunday, April 25

7:00am-11:00am	Registration
7:00am-8:00am	Continental Breakfast / Visit Exhibits
7:50am-12:30pm	<b>Program</b>
7:50am	Welcome / Introductions <i>Haywood L. Brown, MD, Program Chair</i>
8:00am	Conservative Management of Severe Preeclampsia <i>Jeffrey Livingston, MD</i>
8:40am	Gestational Diabetes and Beyond <i>Wanda Nicholson, MD, MPH</i>
9:20am	Oocyte Vitrification: A Means for Fertility Preservation? <i>Paul Marshburn, MD</i>
10:00am-10:30am	Break / Visit Exhibits
10:30am	Bio-Identical Hormones in the Treatment of the Menopause <i>Anne Ford, MD</i>
11:00am	Update on Cervical Cancer Screening <i>Robert Higgins, MD</i>
11:40am	Maternal Mortality in North Carolina <i>Margaret Harper, MD</i>
12:20pm	Closing Remarks
12:30pm	Adjourn

## NCOGS EXECUTIVE COMMITTEE

**John R. Allbert, MD**  
President  
Charlotte, NC

**Mary B. Lane, MD**  
President-Elect  
Lumberton, NC

**Lindsay Stevenson, MD**  
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**Haywood L. Brown, MD**  
Annual Meeting Program Chair  
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**Harold C. Pollard, III, MD**  
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**W. Alan Skipper**  
Executive Director  
Raleigh, NC

# MEETING REGISTRATON

2010 NC Obstetrical & Gynecological Society and the ACOG - NC Section Annual Meeting

Register securely online at [www.123signup.com/event?id=mxdqk](http://www.123signup.com/event?id=mxdqk)

Name: \_\_\_\_\_ Degree(s): \_\_\_\_\_ ACOG #: \_\_\_\_\_

Practice Name: \_\_\_\_\_ Specialty: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ First Name for Badge: \_\_\_\_\_

E-mail: \_\_\_\_\_

Spouse/Guest, if attending: \_\_\_\_\_

Emergency Contact Name and Phone: \_\_\_\_\_

## 1) Meeting Registration Fee (no refunds after April 15):

	Prior to April 1	After April 1
____ Member Physician (2010 dues must be current)	@ \$275	@ \$325
____ Non-Member Physician *	@ \$475	@ \$525
____ Emeritus/Retired Member	@ \$200	@ \$225
____ Allied Health Professional in Member Practice	@ \$125	@ \$150
____ Allied Health Professional in Nonmember Practice	@ \$225	@ \$250
____ Resident or Medical Student	@ \$-0-	@ \$-0-

\_\_\_\_ \* Apply the non-member fee difference towards my new NCOGS membership so I will qualify for the Member Rate in the future.

Total Meeting Fees: \$ \_\_\_\_\_  
(add to activity fees below)

Please **indicate number**, including yourself, planning to participate in the following activities:

## 2) Activity Fees:

- \_\_\_\_ Friday Welcome Reception @ \$-0-
- Spouse/Guest/Children Continental Breakfast: \_\_\_\_ adults/ \_\_\_\_ children @ \$-0-
- \_\_\_\_ Saturday Residents Luncheon/Job Fair @ \$-0
- \_\_\_\_ Saturday Golf @ \$110
- \_\_\_\_ Saturday Tennis @ \$25
- Saturday Banquet: \_\_\_\_ Registered MD or Allied Health Professional @ \$-0-
- \_\_\_\_ Resident/Student @ \$65
- \_\_\_\_ Spouse/Adult Guest(s) @ \$65

Age(s) of children: \_\_\_\_\_

Preferred pairing: \_\_\_\_\_

Total Activity Fees: \$ \_\_\_\_\_

**TOTAL FEES:** \$ \_\_\_\_\_

Charge my Visa \_\_\_\_\_ MasterCard \_\_\_\_\_ - OR - Enclosed is check # \_\_\_\_\_ for \$ \_\_\_\_\_ payable to NCOGS.

Name as it appears on Credit Card: \_\_\_\_\_

Account #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. Date: \_\_\_\_\_ 3-Digit Code on back of card: \_\_\_\_\_

Billing Address and Zip Code if different from above: \_\_\_\_\_

Register securely online, or return this form with payment to NCOGS, PO Box 27167, Raleigh, NC 27611 or fax to (919) 833-2023.

NC Obstetrical and Gynecological Society  
PO Box 27167  
Raleigh, NC 27611



REGISTRATION  
MATERIALS ENCLOSED.

BEAT THE EARLY-BIRD  
DEADLINE!