Southern Orthopaedic Association presents

SOUTHERN AT THE SEC

Sports Injury Update 2013

March 14-16, 2013
Sheraton Music City Hotel
Nashville, TN

9.25 CME credits available

For more information, visit www.soaassn.org or call 866-762-0730.
Join SOA In Nashville!

You are invited to attend the Southern Orthopaedic Association’s exciting CME program, Southern at the SEC – Sports Injury Update 2013. It will be held during the SEC Basketball Tournament, March 14-16, 2013 in Nashville, Tennessee at the beautiful Sheraton Music City Hotel.

Dr. Scott D. Mair, Program Chair, and the Program Committee have developed an outstanding program with expert speakers in the specialty of sports medicine injuries.

We have a block of tickets to the SEC Basketball Tournament for purchase by registered attendees of the SOA Meeting. Please make your reservations early, as tickets are limited. We look forward to seeing you in Nashville.

Featured Speakers

**J. W. Thomas Byrd, MD**

Dr. J. W. Thomas Byrd has been practicing his passion, orthopaedic surgery, for the last two decades. Dr. Byrd’s specialty in arthroscopic techniques emphasizes less invasive surgery for a potentially easier and quicker recovery.

A native Nashvillian, Dr. Byrd is the third generation of physicians in his family to serve this community. He received his undergraduate degree from the University of Miami, graduating magna cum laude. He obtained his medical degree from Vanderbilt University and performed his orthopaedic training at the University of Louisville. Dr. Byrd participated in two fellowship training programs. The first, sports medicine and arthroscopic surgery under Dr. James Andrews in Birmingham, Alabama, has remained the focus of Dr. Byrd’s career. He also completed fellowship training in joint replacement and reconstructive surgery at New England Baptist Hospital in Boston.

Dr. Byrd is team physician for the Tennessee Titans and has served as physician for the U.S. Olympic Team. He is a consulting orthopaedic surgeon for numerous professional sports franchises from the NFL, NHL, NBA, WNBA, and MLB, as well as the ATP professional tennis tour. For twenty years, Dr. Byrd also served as team physician for area universities, in addition to numerous high schools and attending physician to the Nashville Ballet.

Dr. Byrd is the founder of Nashville Sports Medicine and Orthopaedic Center, which allows him to continue his dream of providing highest quality, state of the art, specialty orthopaedic care. He has held numerous local, national, and international appointments and has authored several textbooks on hip arthroscopy, contributed numerous textbook chapters, in addition to publishing over 50 scientific articles. His referral base of patients is international and he is visited by orthopaedic surgeons from all parts of the world to learn his techniques. As a scientist, Dr. Byrd has developed several surgical techniques that are commonly employed throughout the orthopaedic world and invented numerous instruments that have revolutionized aspects of orthopaedic surgery.

Dr. Byrd has served as a visiting surgeon and lectures frequently at national and international meetings. SOA welcomes Dr. Byrd to this year’s SEC Symposium.

**John E. (Jed) Kuhn, MD**

Dr. John E. (Jed) Kuhn is Associate Professor of Orthopaedics and Rehabilitation and Chief of Shoulder Surgery at Vanderbilt University Medical School in Nashville, Tennessee. He received his medical degree from The University of Michigan Medical School. His residency training and internship took place at The University of Michigan Health System. Dr. Kuhn did two Fellowships, one in ilizarov Techniques in Lecco, Italy and a fellowship in Orthopaedic Sports Medicine and Shoulder Surgery at The Steadman Hawkins Clinic in Vail, CO.

Dr. Kuhn is Team Physician, Vanderbilt University Athletics and Team Physician, Nashville Sounds Baseball Team, AAA affiliate of Milwaukee Brewers, Nashville, TN. He is National Football League Players Association Consulting Physician and Head Team Physician, Nashville Predators Ice Hockey Team, NHL.

Among other Committee and Board involvement, Dr. Kuhn currently serves on the Scientific Advisory Board, Orthopaedic Research Foundation of the Carolinas in Spartanburg, SC. In 2011 he received the Charles S. Neer Award for Clinical Research. Dr. Kuhn has had a variety of teaching experiences, has presented scientific research both nationally and internationally and has written numerous publications and book chapters.

Dr. Kuhn is a Fellow of the American Academy of Orthopaedic Surgeons and a member of the American Orthopaedic Society for Sports Medicine, American Shoulder and Elbow Surgeons, the American Orthopaedic Association and The Hawkins Society. His research interests include Microtraumatic Laxity of the Shoulder in the Throwing Athlete and Outcomes Research in the Shoulder. SOA is pleased to welcome Dr. Kuhn to the SEC Program this year.

**Angus M. McBryde Jr., MD, FACS**

Dr. Angus M. McBryde Jr., MD, FACS currently practices at the University of South Carolina in Columbia, SC. He received his medical degree from Duke University in 1963. An internship and junior assistant residency followed at the University of Pennsylvania. He then served two years in the U.S. Navy, including a year in Vietnam, followed by a residency at Duke. From 1977-1979 he was Medical Director of The North Carolina Orthopaedic Hospital (NCOH) in Gastonia, NC. In 2000, he joined the University of South Carolina faculty as a professor. As USC Sports Medicine Director, he initiated and developed sports coverage for the University and surrounding areas.

Professional activities included committee assignments with the American Academy of Orthopaedic Surgeons (AAOS) in Educational Programming and Chairman of the Nomenclature and Coding Committee. He was Membership Chair with the American Orthopaedic Association (AOA), President of the Mecklenburg County Medical Society (MCMS) in 1983, the North Carolina Orthopaedic Association 1985 and Vice President of the North Carolina Medical Society in 1989, and President of the Southern Medical Association 1994. He was a founding member of the Southern Orthopaedic Association and President in 1984. He was also President of the Clinical Orthopaedic Society in 2009.

He has numerous publications including peer-reviewed publications, book chapters, a history of NCOH, Instructional Courses and Academy DVD contributions. He is also Southern Medical Journal Associate Editor.

Dr. McBryde is married to another Durham native, Kay Kirkpatrick McBryde, with eight, now grown children and 19 grandchildren, two of whom are physicians. SOA welcomes Dr. McBryde to this year’s SEC Symposium.
**SEC Team Physician of the Year**

**Darren L. Johnson, MD**

One of the highlights of the SOA SEC Program is a special presentation honoring the outstanding SEC Team Physician of the Year, chosen by the SEC member institution athletic training staffs. We are extremely pleased to announce the winner for 2013 is Darren L. Johnson, MD and he will receive the award at this meeting.

Dr. Johnson is Professor and Chairman of the Department of Orthopedic Surgery at the University of Kentucky, as well as head team Orthopedic Surgeon for the Wildcats. He also has served as the SOA SEC Program Chair for the past five years.

Born and raised in Torrance, California, Dr. Johnson received his medical degree from the University of California, Los Angeles. He then completed his orthopedic residency at the University of Southern California followed by a fellowship in sports medicine and shoulder surgery at the University of Pittsburgh.

Dr. Johnson has received numerous awards, published 90 peer reviewed manuscripts as well as over 25 book chapters. He has presented at multiple national and international meetings on varied complex topics in the athletically active.

He and his wife Nancy, have three children, son Brandon and daughters Kelsey and Lauren. In his free time he enjoys outdoor activities, particularly spending time with the family, fly fishing, skiing, and golf.

*The SOA SEC Team Physician of the Year Award is sponsored by DJO Global, Inc. and the Southern Orthopaedic Association.*

**Program Committee**

The Southern Orthopaedic Association gratefully acknowledges these orthopaedic surgeons for their contributions to the development of the scientific program:

Scott D. Mair, MD, Chair  
Jeffrey A. Guy, MD, Vice Chair  
Darren L. Johnson, MD  
Champ L. Baker Jr, MD  
Robert G. Hosey, MD

**Faculty**

**Champ L. Baker III, MD**  
The Hughston Clinic, Columbus, GA

**A. Brent Bankston, MD**  
Baton Rouge Orthopaedic Clinic, Baton Rouge, LA

**J. P. Bramhall, MD**  
Central Texas Sports Medicine, Bryan, TX

**J. W. Thomas Byrd, MD**  
Nashville Sports Medicine and Orthopaedic Center, Nashville, TN

**Christopher D. Boston, MD**  
University of Mississippi Medical Center, Brandon, MS

**E. Lyle Cain, MD**  
Andrews Sports Medicine and Orthopaedic Center, Birmingham, AL

**Alex B. Diamond, DO**  
Vanderbilt University, Nashville, TN

**Benton A. Emblom, MD**  
Andrews Sports Medicine and Orthopaedic Center, Birmingham, AL

**Kevin W. Farmer, MD**  
University of Florida Orthopaedics and Sports Medicine Institute, Gainesville, FL

**Peter A. Indelicato, MD**  
University of Florida College of Medicine, Gainesville, FL

**John E. (Jed) Kuhn, MD**  
Vanderbilt Sports Medicine Center, Nashville, TN

**Russell C. Linton, MD**  
Columbus Orthopaedic Clinic, Columbus, MS

**Chris G. Mazoue, MD**  
University of South Carolina School of Medicine, Columbia, SC

**Angus M. McBryde Jr., MD, FACS**  
University of South Carolina School of Medicine, Columbia, SC

**Michael W. Moser, MD**  
University of Florida Orthopaedics & Sports Medicine Institute, Gainesville, FL

**Alonzo T. Sexton Jr., MD**  
Athens Orthopaedic Clinic, Athens, GA

**Patrick A. Smith, MD**  
Columbia Orthopaedic Group, Columbia, MO

**Kurt P. Spindler, MD**  
Vanderbilt Sports Medicine Center, Nashville, TN

**John J. Walsh IV, MD**  
University of South Carolina School of Medicine, Columbia, SC

**Ramon C. Ylanan, MD**  
University of Arkansas, Fayetteville, AR
ACCREDITATION INFORMATION

MISSION
The Southern Orthopaedic Association (SOA) was founded in 1983 solely to develop and foster scientific medicine in the specialty of orthopaedic surgery. Meetings of the Association are dedicated to disseminating current clinical, research, and practice innovations in orthopaedic medicine.

TARGET AUDIENCE
This program is designed to meet the needs of physicians in orthopaedic surgery and sports medicine. Information presented may also be of interest to allied healthcare professionals (athletic trainers, physical therapists, chiropractors) working in an orthopaedic or sports medicine setting or caring for the athletically active individual with acute or chronic musculoskeletal ailments.

CME CREDIT
This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Academy of Orthopaedic Surgeons and the Southern Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians. The Southern Orthopaedic Association is recognized by the Board of Certification, Inc. (BOC) to offer continuing education for Certified Athletic Trainers. This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Academy of Orthopaedic Surgeons and the Southern Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians. The Southern Orthopaedic Association is recognized by the Board of Certification, Inc. (BOC) to offer continuing education for Certified Athletic Trainers. This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Academy of Orthopaedic Surgeons and the Southern Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians. The Southern Orthopaedic Association is recognized by the Board of Certification, Inc. (BOC) to offer continuing education for Certified Athletic Trainers. This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Academy of Orthopaedic Surgeons and the Southern Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians. The Southern Orthopaedic Association is recognized by the Board of Certification, Inc. (BOC) to offer continuing education for Certified Athletic Trainers. This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Academy of Orthopaedic Surgeons and the Southern Orthopaedic Association. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

CEC CREDIT
Physician's Assistants can receive up to 9.25 credit hours toward Continuing Education Credits. AAPA accepts American Medical Association Category I, Level 1 CME credit for the Physician’s Recognition Award from organizations accredited by the ACCME.

BOC CREDIT
Southern Orthopaedic Association is recognized by the Board of Certification, Inc. (BOC) to offer continuing education for Certified Athletic Trainers. This educational activity is approved for up to 9.25 contact hours.

PURPOSE
In the treatment of musculoskeletal injuries in the athletically active, treatment alternatives are constantly changing. Advances in therapeutic treatment options provide up to date state of the art techniques which allow for the quickest return to athletic participation. These continuous advances make it crucial for physicians to be current on such information to provide the patient with optimal timely care. This course is designed to provide an update on the latest treatment techniques and therapeutic rehabilitation strategies in the evaluation and treatment of the most common musculoskeletal disorders in the athletically active patient.

THURSDAY, MARCH 14 - KNEE

Moderator: J. P. Bramhall, MD

SESSION I

7:00 – 7:20 am ACL Surgery – Landmarks for Tunnel Placement, Including Revision Surgery
Darren L. Johnson, MD, University of Kentucky Sports Medicine, Lexington, KY

7:20 – 7:35 am Pediatric ACL – My Preferences for Tunnels and Grafts Based on Patient Age
Jeffrey A. Guy, MD, University of South Carolina School of Medicine, Columbia, SC

7:35 – 7:55 am MOON ACL Study Update – Current Most Important Findings
Kurt P. Spindler, MD, Vanderbilt Sports Medicine Center, Nashville, TN

7:55 – 8:05 am Discussion

8:05 – 8:10 am Presentation: SEC Physician of the Year

8:10 – 8:25 am Update of Treatment Strategies for Tendinopathy of the Knee
Christopher D. Boston, MD, University of Mississippi Medical Center, Brandon, MS

8:25 – 8:45 am MCL Injuries – When To Consider Surgery, How To Do It
Patrick A. Smith, MD, Columbia Orthopaedic Group, Columbia, MO

SESSION II

Moderator: Peter A. Indelicato, MD

9:25 – 9:40 am Update on Allograft Use in Knee Ligament Reconstruction
Michael W. Moser, MD, University of Florida Orthopaedics and Sports Medicine Institute, Gainesville, FL

10:00 – 10:20 am Management of Patella Dislocation – Nonop, Repair, MPFL Reconstruction
Alonzo T. Sexton Jr., MD, Athens Orthopedic Clinic, Athens, GA

10:20 – 10:30 am Discussion

10:30 – 10:45 am BREAK WITH EXHIBITORS

10:45 – 11:30 am Case Presentations - Knee
Panel: Darren L. Johnson, MD, Patrick A. Smith, MD, Kurt P. Spindler, MD, Russell C. Linton, MD

SESSION III

Moderator: Champ L. Baker Jr., MD

11:45 am BREAK WITH EXHIBITORS

6:30 am Registration and Continental Breakfast

6:30 – 11:30 am Speaker Ready Room

6:55 – 7:00 am Welcome
Scott D. Mair, MD, Program Chair

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Patrick A. Smith, MD, Columbia Orthopaedic Group, Columbia, MO

SESSION IV

Moderator: Jeffrey A. Guy, MD

10:20 – 10:30 am Discussion

10:30 – 10:45 am BREAK WITH EXHIBITORS

10:45 – 11:30 am Case Presentations - Knee
Panel: Darren L. Johnson, MD, Patrick A. Smith, MD, Kurt P. Spindler, MD, Russell C. Linton, MD

FRIDAY, MARCH 15 – SHOULDER AND ELBOW

6:45 am Registration and Continental Breakfast

6:45 – 11:30 am Speaker Ready Room

SESSION III

Moderator: Champ L. Baker Jr., MD

7:00 – 7:20 am Management of Subscapularis Tears

Events, dates and times are subject to change. Check the final program for complete information.

SOA at the SEC - Sports Injury Update 2013

March 14 - 16, 2013

Scientific Program and Schedule of Events

March 14-16, 2013
**Office Injury Update 2013**

**Scientific Program and Schedule of Events**

**March 14-16, 2013**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:05 – 8:25 am</td>
<td><strong>AC Separations – Current Concepts in Athletes, When And How To Operate</strong> Champ L. Baker III, MD, The Hughston Clinic, Columbus, GA</td>
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<tr>
<td>7:55 – 8:05 am</td>
<td><strong>Tips for Arthroscopic Repair of Massive Cuff Tears</strong> Kevin W. Farmer, MD, University of Florida Orthopaedics and Sports Medicine Institute, Gainesville, FL</td>
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<tr>
<td>7:40 – 7:55 am</td>
<td><strong>Management of Partial Thickness Rotator Cuff Tears</strong> Scott D. Mair, MD, University of Kentucky Sports Medicine, Lexington, KY</td>
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<tr>
<td>7:20 – 7:40 am</td>
<td><strong>Anterior Instability – Evidence Based Treatment</strong> John E. (Jed) Kuhn, MD, Vanderbilt Sports Medicine Center, Nashville, TN</td>
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<tr>
<td>7:00 – 7:15 am</td>
<td><strong>Update on Chronic Traumatic Encephalopathy</strong> Alex B. Diamond, DO, Vanderbilt University, Nashville, TN</td>
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<tr>
<td>6:45 – 7:00 am</td>
<td><strong>Current Concepts – UCL Injury</strong> Chris G. Mazoue, MD, University of South Carolina School of Medicine, Columbia, SC</td>
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<td>6:45 – 11:30 am</td>
<td><strong>Registration and Continental Breakfast</strong></td>
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<td>6:45 – 10:00 am</td>
<td><strong>Case Presentations Shoulder</strong> Panel: John E. (Jed) Kuhn, MD, Champ L. Baker Jr., MD, Champ L. Baker III, MD, Chris G. Mazoue, MD</td>
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<td>7:15 – 9:25 am</td>
<td><strong>BULK WITH EXHIBITORS</strong></td>
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<td>7:00 – 7:15 am</td>
<td><strong>Stimulant Use in Young Athletes</strong> Robert G. Hosey, MD, University of Kentucky Sports Medicine, Lexington, KY</td>
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<tr>
<td>7:45 – 8:00 am</td>
<td><strong>Injury Prevention Programs: Do They Work And What’s The Evidence?</strong> Alex B. Diamond, DO, Vanderbilt University, Nashville, TN</td>
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<tr>
<td>7:45 – 8:20 am</td>
<td><strong>Hand Injuries and Return to Play</strong> John J. Walsh IV, MD, University of South Carolina School of Medicine, Columbia, SC</td>
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**SESSION IV**

**Moderator: Chris G. Mazoue, MD**

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<tr>
<td>9:25 – 9:45 am</td>
<td><strong>Thrower’s Shoulder – Latest Data and Concepts on Non-operative and Surgical Management</strong> John E. (Jed) Kuhn, MD, Vanderbilt Sports Medicine Center, Nashville, TN</td>
</tr>
<tr>
<td>9:45 – 10:00 am</td>
<td><strong>Elbow MRI – When to Get It, How to Use It</strong> E. Lyle Cain, MD, Andrews Sports Medicine and Orthopaedic Center, Birmingham, AL</td>
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<tr>
<td>10:00 – 10:20 am</td>
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**SATURDAY, MARCH 16 – MEDICAL, HIP, FOOT AND ANKLE**

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<tr>
<td>6:45 am</td>
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<tr>
<td>6:45 – 11:30 am</td>
<td><strong>Speaker Ready Room</strong></td>
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<tr>
<td>7:15 – 7:30 am</td>
<td><strong>Update on PRP</strong> Ramon C. Ylanan, MD, University of Arkansas, Fayetteville, AR</td>
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<tr>
<td>10:30 – 10:45 am</td>
<td><strong>Discussion</strong></td>
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**SESSION V**

**Moderator: Ramon C. Ylanan, MD**

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**PHYSICIAN REGISTRATION FEE**

Registration fee covers the Syllabus, Scientific Program Expenses, General Meeting Expenses and Daily Continental Breakfasts and Breaks.
Transportation Information

Nashville International Airport

The Nashville International Airport is only five minutes away via a complimentary roundtrip shuttle service offered on the hour and half-hour. Call 615-885-2200 and the shuttle will pick you up.

Taxis: A cab ride costs $18 from the airport to the hotel. Pick-up is on the Lower Level outside the baggage claim area.

Airport Shuttle: Complimentary Shuttle service is available from the airport to the hotel. Upon arrival to baggage claim call 615-885-2200 and shuttle will pick you up.


Hotel Room Reservations and Rates

Sheraton Music City Hotel

A block of sleeping rooms has been reserved for your convenience while attending the SOA SEC Conference at the Sheraton Music City Hotel in Nashville.

Hotel reservations can be made by calling the hotel directly at 615-885-2200. Space is very limited, make your reservations now!

Sheraton Music City Hotel
777 McGavock Pike
Nashville, TN 37214

$159 single/double occupancy per room per night.
One night's room deposit due upon booking
Complimentary Self-Parking

Hotel reservation deadline – February 18, 2013

SESSION VI
Moderator: Jeffrey A. Guy, MD

8:20 – 8:30 am Discussion
8:30 – 9:00 am BREAK WITH EXHIBITORS

9:00 – 9:20 am Hip Arthroscopy - Pearls
Benton A. Emblom, MD, Andrews Sports Medicine and Orthopaedic Center, Birmingham, AL

9:20 – 9:40 am Femoroacetabular Impingement in Athletes
J. W. Thomas Byrd, MD, Nashville Sports Medicine and Orthopaedic Center, Nashville, TN

10:00 – 10:15 am Discussion
10:15 – 10:30 am BREAK WITH EXHIBITORS

SESSION VII
Moderator: Robert G. Hosey, MD

9:40 – 10:00 am Peritrochanteric Disorders and Abductor Repairs
J. W. Thomas Byrd, MD, Nashville Sports Medicine and Orthopaedic Center, Nashville, TN

10:30 – 10:50 am Update on Turf Toe/Fifth Metatarsal Fractures
Angus M. McBryde Jr., MD, FACS, University of South Carolina School of Medicine, Columbia, SC

10:50 – 11:05 am Current Concepts: High Ankle Sprains
Robert G. Hosey, MD, University of Kentucky Sports Medicine, Lexington, KY

11:05 – 11:20 am OCD of the Ankle Joint
Angus M. McBryde Jr., MD, FACS, University of South Carolina School of Medicine, Columbia, SC

11:20 – 11:30 am Discussion
SOA at the SEC 2013 REGISTRATION
March 14-16, 2013
Southern Orthopaedic Association • 110 West Road, Suite 227 • Towson, MD 21204
CALL: 866-762-0730 • FAX: 410-494-0515 • WEB: www.soaassn.org

Name ________________________________________________________________ Degree _______________________

Address _____________________________________________________________________________________________

City ___________________________________________________________ State _____________ ZIP _______________

Email _______________________________________________________________________________________________

Phone ___________________________________________ Fax _______________________________________________

REGISTRATION FEES

SOA Member Physician $395
Non-Member Physician $495
Non Physician $225
NP or PA $200
Resident/Fellow No Charge
Athletic Trainer $150

SEC MEN’S BASKETBALL TOURNAMENT TICKETS
Tickets are limited and are available on a first come, first served basis. No refunds.

QTY TOTAL

PAYMENT METHOD

Enclosed is a check for $ __________________. Make check payable to SOA.

Charge my: Visa MasterCard American Express

Card # ___________________________________________ Exp. Date ______________

Name on Card ___________________________________________ Billing Zip Code _____________________

PLEASE NOTE: Courses are subject to cancellation. SOA will not refund travel costs.

CANCELLATION POLICY: Full refund (less $50.00 administrative fee) will be granted if a cancellation is made prior to 30 business days before the meeting date; a 50% refund if canceled 10 business days before the meeting date. No refund will be granted within 10 business days of the meeting, or anytime thereafter.
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AT THE SEC

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