

Carolinas Chapter/AACE
PO Box 27167
Raleigh, NC 27611



carolinas chapter/american association of clinical endocrinologists

2011 Annual Meeting

September 9-11, 2011
Grove Park Inn Resort & Spa
Asheville, NC

Jointly sponsored by the
Carolinas Chapter/American Association of Clinical Endocrinologists and
Wake Area Health Education Center

Wake AHEC
Educating present and future healthcare providers
Part of the North Carolina AHEC Program

This course is designed for the practicing endocrinologist and will address issues of interest and concern to endocrinologists today.

Objectives

At the conclusion of this educational activity participants should be able to:

- * Define the diagnostic criteria for acromegaly.
- * Evaluate the pros and cons of various treatment modalities for acromegaly.
- * Discuss the controversy surrounding appropriate targets (i.e., A1c, BP) for the safe treatment of the diabetic patient.
- * Describe the main features of the healthcare reform bill and the impact on medical practices.
- * Identify which lipid tests are appropriate for evaluation and follow-up of dyslipidemia.
- * Describe the newer agents and devices available for the treatment of diabetes.
- * Recognize features of benign and malignant disease on thyroid ultrasound.
- * Discuss biochemical testing for thyroid cancer.
- * Compare newer agents for the treatment of osteoporosis.
- * Recognize how the endocrine system impacts cardiovascular health.
- * Recognize the metabolic abnormalities that can affect the post-op bariatric patient.
- * Identify appropriate screening tests for long-term monitoring of the bariatric patient.

Accreditation

This activity has been planned and implemented in accordance with the Essentials and Standards of the North Carolina Medical Society through the joint sponsorship of Wake Area Health Education Center and the Carolinas Chapter/American Association of Clinical Endocrinologists. The Wake Area Health Education Center is accredited by the North Carolina Medical Society to provide continuing medical education for physicians.

Credit

The Wake Area Health Education Center designates this live activity for a maximum of 8.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Additional Credit

Other health professionals will receive Wake AHEC CEU and a certificate of attendance from an *AMA PRA Category 1™* activity. These certificates are accepted by the NC boards for physician assistants, nurse practitioners, and nurses. License requirements are subject to change. Wake AHEC recommends that participants contact their licensing boards with specific questions. Wake Area Health Education Center will provide 0.8 Continuing Education Units (8.0 contact hours) to participants upon completion of this activity.

Disclosure

Wake AHEC adheres to ACCME Essential Areas and policies regarding industry support of continuing medical education. Commercial support for the program and faculty relationships within the industry will be disclosed at the activity. Speakers will also state when off-label or experimental use of drugs or devices are incorporated in their presentations.

Location and Accommodations

The 2011 Annual Meeting will be held at the historic Grove Park Inn Resort & Spa in Asheville, North Carolina. The Grove Park Inn opened in 1913 and has become one of the South's most venerable resorts. The resort features a golf course, world-class spa (call ahead for reservations), tennis complex, health club, indoor and outdoor pools, and shops with mountain artisan crafts and local gourmet gifts. Room rates are \$256 single/double plus taxes. To reserve your accommodations, please use the form in this brochure or call Reservations at (800) 438-5800 and reference Group Code 6883hs. The cut-off date to make reservations is August 8. Don't delay!

Meeting Features

The Friday welcome reception will provide an opportunity to renew acquaintances and meet new colleagues. The first scientific session will be Saturday morning, along with the Chapter business meeting. Saturday afternoon will feature a golf outing at the Grove Park Inn's par-70 course, designed by Donald Ross and named by Golf Digest as "one of the ten best courses in the United States that is 100 years old or more." On Saturday evening, we will have a family-friendly dinner with entertainment by a local magician. The second scientific session will be Sunday morning. The attire for the meeting and social functions is business casual.

Children's Program

The CC/AACE encourages family participation. The Grove Park Inn offers full-day, half-day and evening children's programs, supervised by quality staff, for kids ages 3-12. Pre-registration is required; call (828) 252-2711, extension 1046, for more information and to register at least one week in advance.

Registration

Register before August 15 to get the early-bird rate! All fees include continental breakfasts, breaks, and the Friday evening reception. There is a \$35 fee for adults to attend the Saturday evening dinner; children 12 and under may attend free of charge. Preregistration is required for all events. Please note that refunds of registration fees will not be made after September 1. Refunds, less \$25, will be made for cancellations received prior to that date. No-shows will be billed.

Americans with Disabilities Act

The CC/AACE and Wake AHEC are fully committed to the principle of equal educational opportunities for all individuals and do not discriminate on the basis of any characteristics protected by federal or state law. If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to participate in this conference, please call Nancy Lowe at the CC/AACE office at (919) 833-3836 no later than ten business days before the date of the activity.

Questions?

Contact Nancy Lowe at the CC/AACE office at (919) 833-3836 or nlowe@ncmedsoc.org.

Program Faculty

Hilary Blackwood, MSN, RN, ACNP-BC
Weight Loss Surgery Clinic at Duke
Durham, NC

William C. Cromwell, MD, FAAFP, FAHA, FNLA
Lipoprotein and Metabolic Disorders Institute
Raleigh, NC

Richard Hellman, MD, FACP, FACE
University of Missouri-Kansas City School of Medicine
Kansas City, MO

Robert Lindsay, MD, PhD
Columbia Presbyterian Helen Hayes Hospital
West Haverstraw, NY

Mark Lupo, MD, FACE, ECNU
Thyroid and Endocrine Center of Florida
Sarasota, FL

William Moran, MD, MS
Medical University of South Carolina
Charleston, SC

Lisa Nachtigall, MD
Harvard Medical School and Massachusetts General Hospital
Boston, MA

Dan Sorescu, MD, FACC
Emory University
Atlanta, GA

Laura Young, MD, PhD
University of North Carolina
Chapel Hill, NC

CC/AACE Leadership

Elizabeth H. Holt, MD, FACE
President and Program Chair
Raleigh, NC

Leonard S. Lichtenstein, MD, FACE
Vice-President / President-Elect
Charleston, SC

Thomas L. O'Connell, MD
Secretary-Treasurer
Raleigh, NC

N. Jack Kramer, MD
Past President
Charlotte, NC

W. Alan Skipper
Executive Director
Raleigh, NC

Schedule / Program

Friday, September 9

4:00pm-6:30pm Meeting Registration
6:30pm-8:00pm Welcome Reception
Dinner on your own

Saturday, September 10

7:00am-12:30pm Registration
7:00am-11:30am Exhibit Hall Open
7:00am-8:00am Continental Breakfast / Visit Exhibits
7:50am-1:00pm Program
7:50am Welcome and Introductions, *Elizabeth Holt, MD, FACE, President and Program Chair*
8:00am Diabetes and Patient Safety, *Richard Hellman, MD, FACP, FACE*
8:50am Advanced Lipid Testing, *William Cromwell, MD, FAAFP, FAHA, FNLA*
9:40am The Heart as an Endocrine Target, *Dan Sorescu, MD, FACC*
10:30am-11:00am Break / Visit Exhibits
11:00am Business Meeting, *Elizabeth Holt, MD, FACE (no credit will be awarded)*
11:30am Long-Term Post-Op Management of the Bariatric Surgery Patient,
Hilary Blackwood, MSN, RN, ACNP-BC
12:20pm Q&A
1:00pm Adjourn
1:30pm Golf Outing (pre-registration required)
6:30pm-9:00pm Reception / Dinner / Entertainment
Families Welcome! (pre-registration required)

Sunday, September 11

7:00am-12:30pm Registration
7:00am-11:00am Exhibit Hall Open
7:00am-8:00am Continental Breakfast / Visit Exhibits
7:55am-1:00pm Program
7:55am Welcome and Introductions, *Elizabeth Holt, MD, FACE*
8:00am Acromegaly, *Lisa Nachtigall, MD*
8:50am Expected Changes in Healthcare, *William Moran, MD, MS*
9:40am Newer Agents and Devices for Diabetes, *Laura Young, MD, PhD*
10:30am-11:00am Break / Visit Exhibits
11:00am Ultrasound & FNA in the Evaluation of Thyroid Nodules,
Mark Lupo, MD, FACE, ECNU
11:50am Osteoporosis, *Robert Lindsay, MD, PhD*
12:40pm Q&A
1:00pm Adjourn

MEETING REGISTRATION FORM

CC/AACE 2011 Annual Meeting
September 9-11, 2011

1. PERSONAL INFORMATION (PLEASE PRINT)

Complete this registration form (one per person) and return by fax or mail with payment due.

Name: _____ Degree(s): _____

Practice Name: _____

First Name for Badge: _____ Last 4 Digits of SSN: _____

Address: _____

City/State/Zip: _____

Phone: _____ Fax: _____

E-mail: _____

Home Address: _____

City/State/Zip: _____

Spouse/Guest Name, if attending: _____

Spouse/Guest Badge Name: _____

Child(ren) Name(s) and Age(s), if attending: _____

Emergency Contact: (Name) _____ (Phone) _____

Dietary Restrictions: _____

Special Needs: _____

2. REGISTRATION FEES (2011 DUES MUST BE CURRENT TO QUALIFY FOR MEMBER RATE)

Please check one	Prior to 8/15	After 8/15
<input type="checkbox"/> Member Physician	\$150.....	\$225
<input type="checkbox"/> Non-member Physician	\$250.....	\$325
<input type="checkbox"/> Resident/Fellow/Medical Student	\$25.....	\$25
<input type="checkbox"/> Allied Health Professional	\$100.....	\$150

3. SOCIAL ACTIVITIES (PLEASE INDICATE NUMBER ATTENDING)

- ☐ Friday Reception - adults @ n/c / ☐ children under 12 @ n/c
☐ Saturday Golf Outing @ \$140 per person (includes boxed lunch)
☐ Saturday Dinner & Entertainment - adults @ \$35 per person / ☐ children under 12 @ n/c

4. TOTAL FEES (Total of sections 2 and 3) (No refunds after September 1)

Enclosed is check # _____ for \$ _____ payable to CC/AACE. (Sorry, credit cards are not accepted.)

Complete and return this form with payment by September 1 to:

CC/AACE
P.O. Box 27167
Raleigh, NC 27611
FAX: (919) 833-2023



RESERVATION REQUEST FORM Carolinas Chapter/American Association of Clinical Endocrinologists Reservation form only

Note: GROUP RUN-OF-HOUSE RATES HAVE BEEN NEGOTIATED. HOWEVER, WE CANNOT GUARANTEE BED-TYPE, SLEEPING ROOM LOCATION OR VIEW. ** We have limited smoking rooms available and would like to advise you that a cleaning charge will be added for smoking in a non smoking room.

Conference Dates	Thu, 9/08/11 - Sun, 9/11/11
Rates:	
Single	\$ 256.00
Double	\$ 256.00
Extra Person	\$ 40.00

Inquire about rates for upgraded room features. All Rates European Plan, no meals included. Subject to state and local taxes. Please Type or Print all information neatly.

Name: _____

Address: _____ Phone No: (____) _____

City: _____ State: _____ Zip: _____

Email address: _____

Please reserve: # of rooms _____ # of adults _____ # of children under 16 _____

Arrival Date: _____ Departure Date: _____

RELEASE DATE FOR THE GROUP BLOCK: Monday, August 8, 2011

Reservation requests received by The Grove Park Inn Resort & Spa after this date are subject to resort availability at prevailing rates. Reservation requests are subject to contracted block availability prior to release date.

DEPOSIT - CONFIRMATION

A deposit equal to one night's sleeping room rate by a major credit card (listed below) or a check is required to confirm your reservation. You should receive a written or email confirmation within 2 weeks. If you do not receive confirmation please call 1- 800 - 438 - 5800. ***Deposit will be forfeited if reservation is cancelled less than 3 days (72 hours) prior to 4pm on arrival date.***

CHECK-IN/CHECK-OUT

Our check-in time is after 4 p.m. and our check-out time is 12 noon.

Credit Card#: _____ Exp Date: _____

Signature _____

Today's Date _____

Credit Card ID# _____

PLEASE READ CAREFULLY and send, email or fax this completed form along with deposit or credit card number per room to:
The Grove Park Inn Resort & Spa, Reservations Department, 290 Macon Avenue,
Asheville, NC 28804 or Fax Number (828) 210-8314
Email: clindstrom@grovesparkinn.com
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