



Stick it to the flu

with a flu shot from Blue Cross and Blue Shield of North Carolina

It takes only seconds to get a flu shot, so why let a full-blown case of the flu knock you out for a week?

Getting a flu shot not only decreases your own risk of catching the flu, but also decreases your chances of spreading it to family members and coworkers – who already may be at high risk.

More than 200,000 people are hospitalized every year from the flu and complications. Don't be one of them.

The best way to stick it to the flu is to get a flu shot. If you have preventive care benefits with Blue Cross and Blue Shield of North Carolina, you can get a flu shot at no additional cost. Just bring your BCBSNC ID card and a photo ID to the clinic location below. Or, for more information, log on to bcbsnc.com/flu.



Visit BCBSNC.com/flu

Date:

Time:

Location:



Each clinic has been allocated a supply of vaccine. Shots will be given on a first-come, first-served basis until the supply is depleted. A parent or legal guardian must accompany children ages 9-17 and provide written authorization (children under 9 should see their physician). In most cases, members with preventive care benefits will not be charged for receiving a flu shot at an in-network provider. Members with certain plans may not have preventive care benefits or may be responsible for a percentage of the cost of these benefits. Members should refer to their benefit booklet for more information about their preventive care benefits. Some members may be charged an office visit copayment when they visit their physician, depending on their specific benefits and the type of service performed. Nonmembers may receive a flu shot for \$30 (cash or check only). These flu shots will be administered by representatives of Maxim Health Systems, a division of Maxim Healthcare Services. In the event that the Centers for Disease Control (CDC) recommend that flu shots go to "priority groups" before the general public, Maxim Health Systems will give priority to those who fit the CDC's high-risk criteria.

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